

HAJJ 2026 · WORKSHOP ONE

The Rites of Umrah

JOURNEY OF A LIFETIME

With **USTADH HASSAN MASOOD**



Welcome to your *Hajj family!*

You are part of a family that looks out for one another spiritually, emotionally and logistically. May Allah subhanahu wa ta'ala accept from us all and allow us to return with **Hajj Mabroor!**

Everything we will be going over today will be shared after the workshop.



The Journey of a Lifetime

For many, this is the *only opportunity*.

Everything we do in life that matters, we prepare for.
And nothing matters more than this.

Data says: Learn the framework here. Live the experience there.

Here

- Understand the pillars and obligations
- Practice the duas and their placement
- Visualize the geography
- Ask every question that comes to mind

There

- Maximize your dhikr and dua
- Connect with Allah subhanahu wa ta'ala
- Aim for Hajj Mabroor
- **Let what happens, happen < important**



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Rites of Umrah

Before we begin, let's briefly understand the three parts of Umrah.
As any act of worship, we have the following:

1

Pillars

*the absolute must
if missed,
there is no Umrah*

2

Wājibāt

*the obligatory must
if missed,
sacrifice is needed*

3

Sunan

*recommended acts
if missed,
no sacrifice needed*



Pillars of Umrah

These are the acts you absolutely cannot miss (arkān or pillars).
Until we complete them, the umrah is incomplete.

1

Ihrām

2

Tawāf

3

Sa'ee



Wājibāt of Umrah

These are obligatory acts you should not miss, but if you do, your Umrah remains valid, though incomplete until offer a fidya / sacrifice.

1

Ihrām
from
Miqāt

2

Shaving *or*
Trimming
Head Hair

3

Following
Ihrām
prohibitions



Sunan of Umrah

These are recommended acts we should do if possible.
If we miss any of it, no sacrifice needed and umrah is valid.

1

Ghusl
before
Ihrām

2

'White'
Ihrām

3

Reciting
Intention &
Talbiyah

4

Kissing
the Black
Stone

5

Raml
(Fast Walking)

6

Idtibaa'
(uncovering *the*
right shoulder)

7

Two (2)
Rak'ah behind
Maqam Ibrahim

8

Drinking
Zamzam

9

All the Specific
Duas during
Various Rites

10

Shaving
One's Head
(instead of a trim)



Pillars

The absolute must acts.

If we miss any of it,
there is no Umrah.

Ihrām

Tawāf

Sa'ee

Wājibāt

The obligatory acts.

If we miss any of it,
sacrifice is needed.

Ihrām
from Miqāt

Shaving or
Trimming
Hair

Following
Ihrām
Restrictions

Sunan

The recommended acts.

If we miss any of it,
no sacrifice needed
and umrah is valid.

Ghusl before
Ihrām

'White' Ihrām

Reciting Intention
and Talbiyah

Kissing the
Black Stone

Raml

Idtibaa'

Two Rak'ah
behind Maqam

Drinking
Zamzam

Supplication
during Rituals



Let's Begin! Your Umrah Steps

1

Ihrām

2

Intention
& Talbiyah

3

Arriving in
Makkah

4

Tawāf

5

Sa'ee

6

Haircut



Ihram

FIRST STEP



What is Ihram (إحرام)?

Definition: *to make something sacred – to enter a state of prohibition*

Ihram refers to both the special **clothing** that is worn and the **sacred state** a pilgrim enters before performing Umrah & Hajj.

Preparation for the Ihram state and clothes:

Before entering the state of Ihram, it is recommended to:

- You can do this before departure from the U.S. or in Medina:
 - **Trim your fingernails and toenails**
 - **Remove unwanted body hair (e.g., armpit, pubic)**
- To do on the day of, in Medina for Umrah (or Makkah for Hajj)
 - **Perform ghusl (full body wash)**
 - **You can put cologne or other scent on your body, but not on the ihram itself.**

Addressing a major misconception of "sewn" ihram clothing being forbidden:

It is an incorrect translation. Without sewn ihram clothes, they would not stay together. Rather, the prohibition is on clothing that makes the shape of your body, like pant legs or sleeves.



Ihram Clothing:

- **For Men:** The male Ihram consists of two white pieces of cloth:
 - **Ezaar (إزار): The lower garment**
 - Wrap it around your waist, covering your lower body.
 - You can secure it with a belt or by folding the top over.
 - **Redaa (رداء): The upper garment**
 - Drape it over your shoulders, covering your upper body.
 - **Footwear:**
 - You cannot wear shoes or socks that cover the top of your feet.
 - You must wear footwear that mainly exposes your toes, ankles, and most of the top of your feet.
 - Simple sandals or flip-flops are ideal. The examples are as follows:





Ihram Clothing:

- **For Women:**

- Women don't have a specific Ihram garment.
 - You can wear any loose-fitting, decent dress that covers the entire body.
 - Yes, you can also wear socks and shoes.
- There are two restrictions:
 - You can't cover your face (e.g., niqab).
 - You can't cover your hands (e.g., gloves).



Intention and Talbiyah

SECOND STEP



Making Your Intention (An-Niyyah)

This is the intention to make Umrah for **Hajj al-Tamattu'**:

- The intention must be made before crossing the miqat boundary.

What is Miqat (Boundary Point)?

These are boundary points designated by the Prophet [S] that one must enter the state of Ihram before if they are making Umrah. The main Miqat points include:

- **Dhul-Hulayfah (Abyar Ali):** For pilgrims coming from Madinah (~ 10mi from Masjid Nabawi)
- Juhfah: For pilgrims from Syria, Morocco, and North Africa
- Qarn al-Manazil: For pilgrims from the East (Najd, UAE, etc.)
- Yalamlam: For pilgrims from Yemen and countries south of Makkah
- Dhat Irq: For pilgrims from Iraq and countries northeast of Makkah

Traveling by Train / Air:

They typically announce when they are about to cross the miqaat, so you can make the intention before.

The details will be discussed during the logistics workshops!





Entering the State of Ihram:

1. You start by declaring the intention (an-niyyah):
 - **Labbaikallahumma Umrah** - **لبيك اللهم عمرة**
 - Meaning: Here I am, O Allah, for Umrah
2. If performing Hajj on someone else's behalf, say: (must have done hajj before)
 - Labbaikallahumma Umrah **'an** [name] - **[name] لبيك اللهم عمرة عن**
 - Here I am, O Allah, for Umrah on behalf of [name]
3. *According to the majority, you must also recite Talbiyah once (next slide).*

Making Conditions:

- We should also say the following to allow us to get out of the Umrah in a case of emergency without the need to sacrifice a sheep, saying:
 - **Allaahumma mahillee haithu habastanee** - **اللهم محلي حيث حبستني**
 - O Allah, allow me to get out of the state of 'Ihram wherever You prevent me.

IHRAM

INTENTION & TALBIYAH

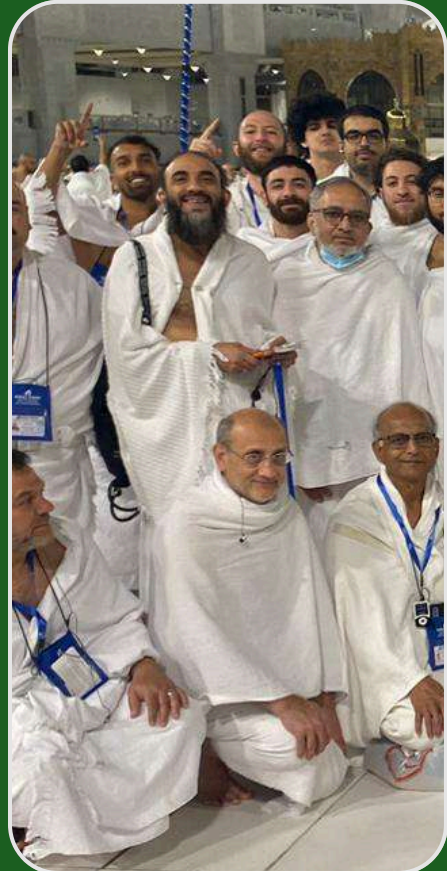
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Talbiyah: After the An-Niyyah was pronounced, the talbiyah starts:
(Most scholars consider this as a Wajib to say it at least once)

Labbayk Allahumma Labbayk, Labbayk La sharika Laka Labbayk, Innal hamda wanni'mata Laka walmulk La sharika Lak.

لبيك اللهم لبيك، لبيك لا شريك لك لبيك، إن الحمد والنعمة لك والملك لا شريك لك

Talbiyah means: "O my Lord, Here I am at Your service, Here I am, There is no partner with You. Here I am. Truly, the praise and the provisions are Yours, and so is the dominion and sovereignty. There is no partner with You." There is no other dhikr than the Talbiyah.

And the Talbiyah continues until the start of the **first Tawaf**.

IHRAM

INTENTION & TALBIYAH

ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



State of Ihram Restrictions

Once you enter the state of Ihram, the following actions become prohibited:

- a. cutting hair or nails
- b. using perfume or scented products
- c. getting married or proposing marriage
- d. having marital relations
- e. hunting or harming animals (except dangerous ones)
- f. *for men*: Covering the head
- g. *for women*: Covering the face with a niqab or wearing gloves

Yes, breaking these restrictions will require a penalty (fidyah). However, there are exceptions.

If you **accidentally break** a minor restriction, for example, using scented soap when you arrive at the train station or the Makkah Hotel, habitual stroking of your beard causing hair to fall, or if your nail breaks because it hit something, no compensation is required.

Additionally, if something is needed for **medical reasons**, e.g., a fragrance-containing medicinal cream, that is acceptable. **And Allah is the Ar-Rahman and All-Knowing!**

Arriving at the Masjid Al Haram

STEP THREE

IHRAM

INTENTION & TALBIYAH

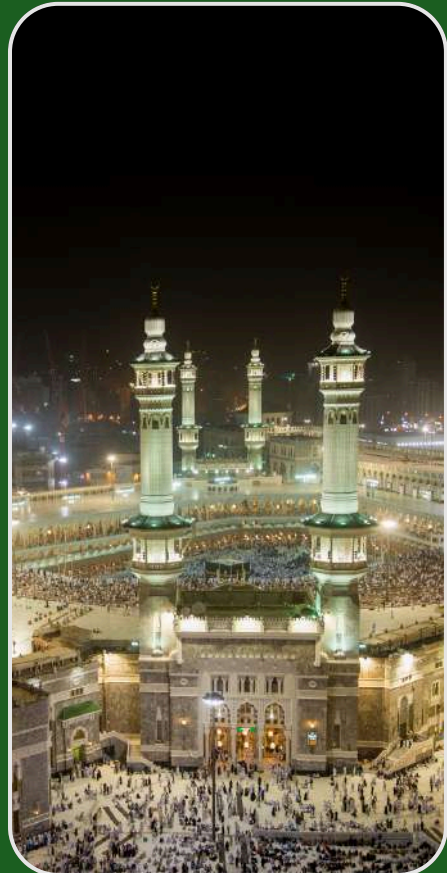
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Arriving at Makkah: Once we arrive in Makkah, it is the sunnah to take "**ghusul**" again if possible and then enter the Masjid Al-Haram.

Entering the Masjid Al Haram:

When entering Masjid Al-Haram, the sunnah is as follows:

1. Enter with your right foot
2. Recite the dua for entering the mosque (there are other versions too):

Allahumma-ftah lee abwaaba rahmatik

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Which means: O Allah, open for me the doors of Your mercy.

IHRAM

INTENTION & TALBIYAH

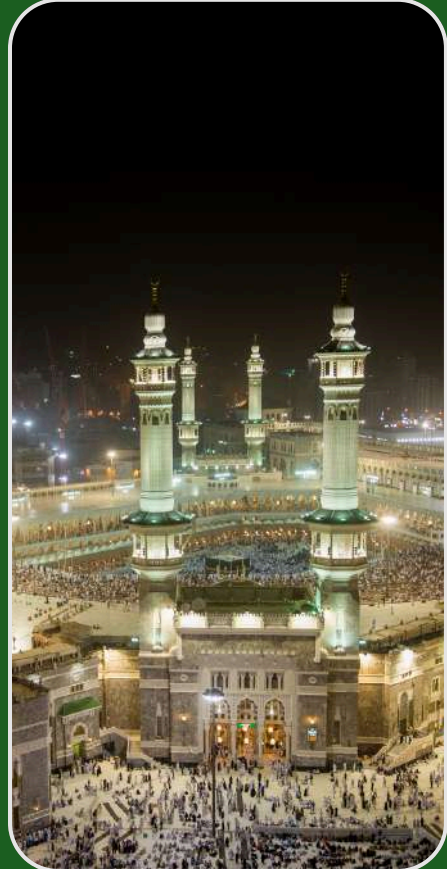
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



There is another more comprehensive version of this dua:

A'uthu billaahil-Adheem, wa bi Wajhihil-Kareem, wa Sulthaanihil-qadeem, minash-shaitaanir-rajeem, Bismillaahi, was-salaatu, Was-salaamu 'alaa Rasool-illaahi.

Allaahumma 'iftahlee abwaaba rahmatika.

**أعوذ بالله العظيم وبوجهه الكريم وسلطانه القديم من الشيطان الرجيم، بسم الله، والصلاة والسلام
على رسول الله، اللهم افتح لي أبواب رحمتك**

Which means: I take refuge in Allah, The Supreme and with His Noble Face and His eternal authority from the accursed devil. In the name of Allah, and prayers and peace be upon the Messenger of Allah. O Allah, open the gates of Your mercy for me.

IHRAM

INTENTION & TALBIYAH

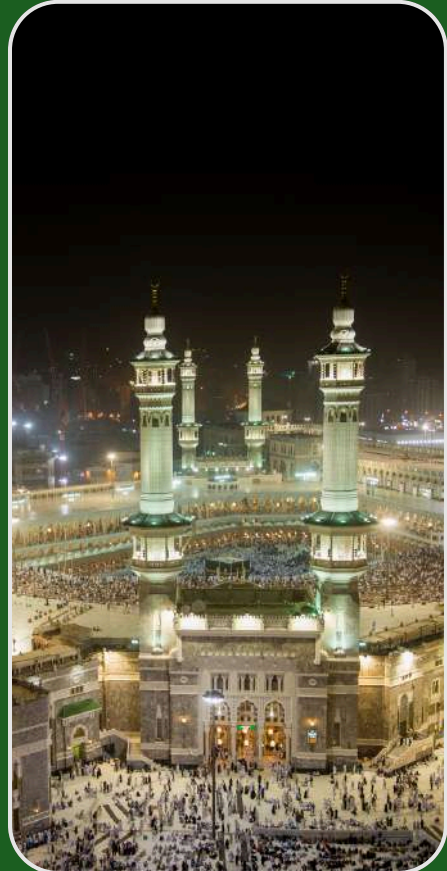
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



First Sighting Dua: Your first sighting of the Ka'bah is a powerful and emotional moment, especially if you have never been there. So make dua with that sincerity!

As a group, we'll let you know to put your head down as we walk towards the Ka'bah in the masjid, so you don't get a peek until you are on the main tawaf floor in front of the Ka'bah. Then we will dedicate a few minutes to make dua before we start the tawaf.

Practical Tips:

- The mosque can be extremely crowded, especially during peak seasons
- Stay close to your group
- Note landmarks or meeting points in case you get separated
- Be patient with crowds and remember the purpose of your journey

Tawaf ul Ummrah

STEP FOUR

IHRAM

INTENTION & TALBIYAH

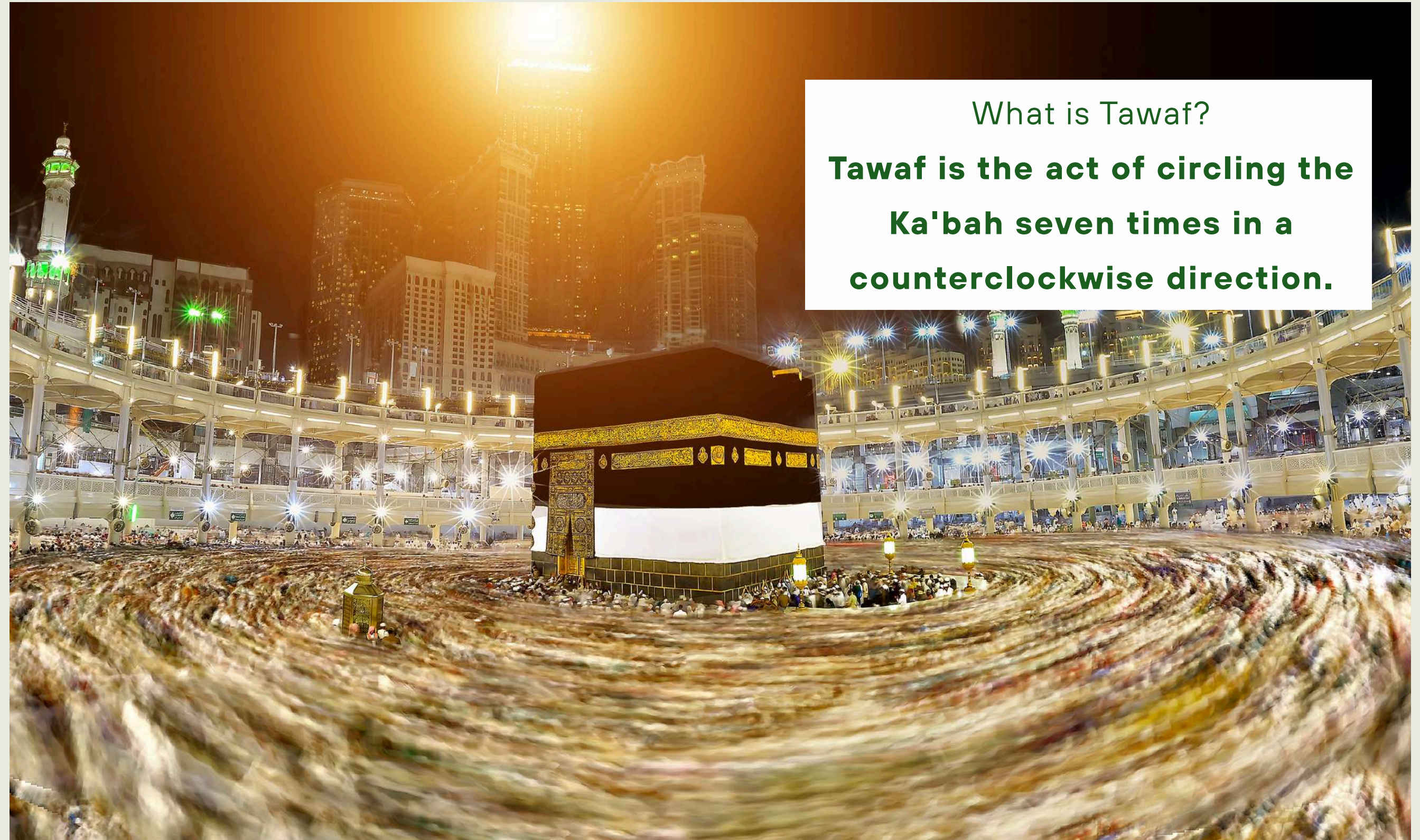
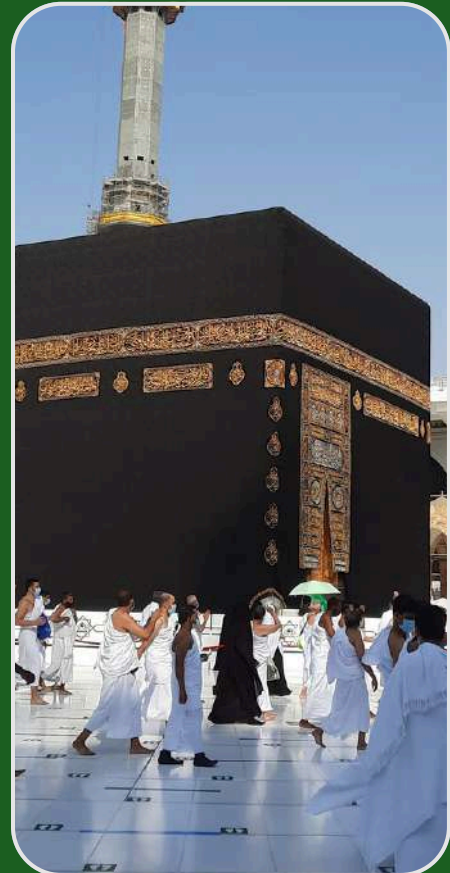
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



What is Tawaf?
Tawaf is the act of circling the Ka'bah seven times in a counterclockwise direction.

IHRAM

INTENTION & TALBIYAH

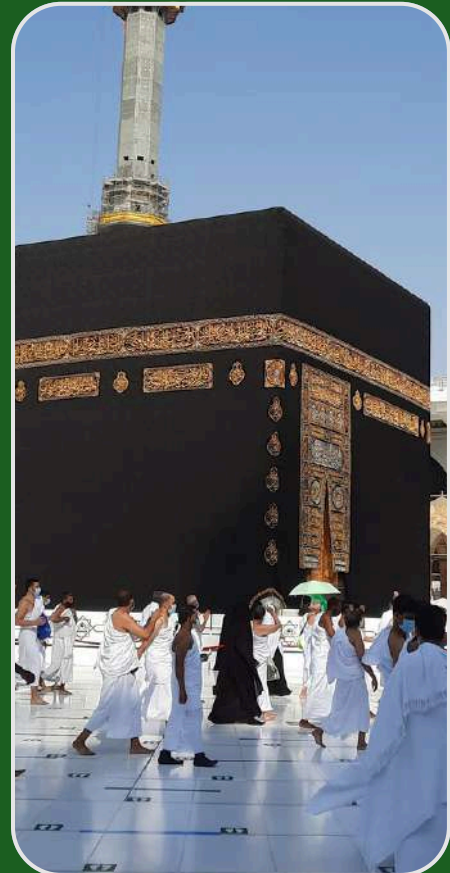
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



THE KA'BAH

TERMINOLOGIES

THE DOOR OF THE KA'BAH

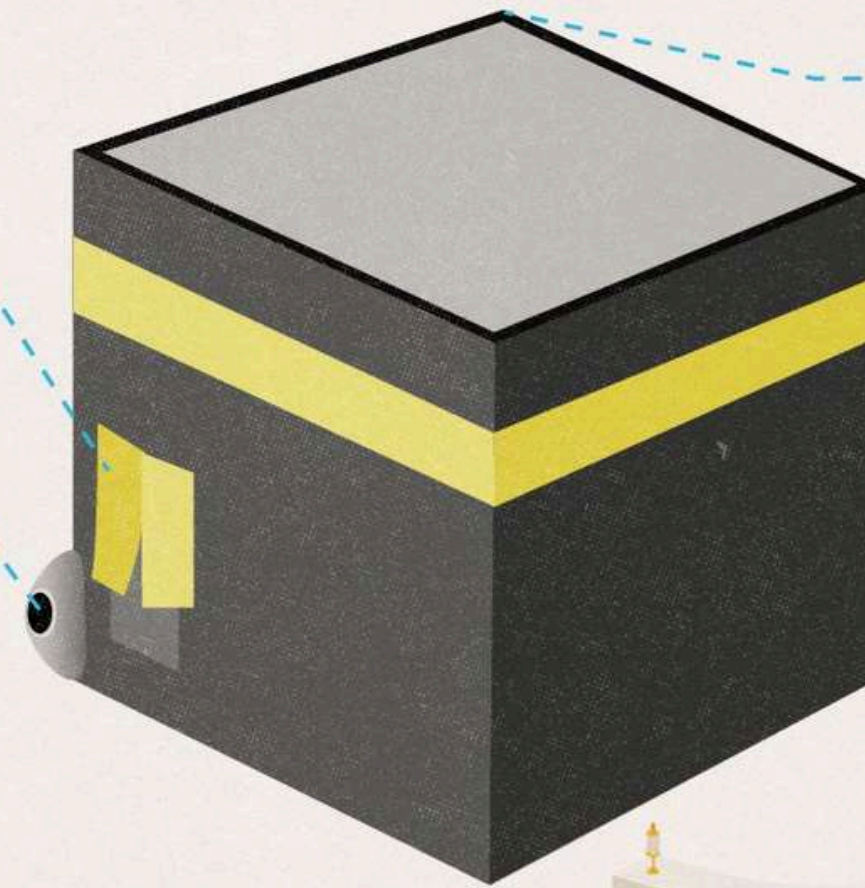
The wall of the Ka'bah between the door and the Black Stone is called the Multazim.

THE BLACK STONE

A green light on the wall of the courtyard shows the position of the Black Stone.

THE MAQAM OF IBRAHIM (AS)

The stone on which Ibrahim (as) once stood whilst building the Ka'bah that rose higher and higher with the walls being built, is enclosed in this glass structure.

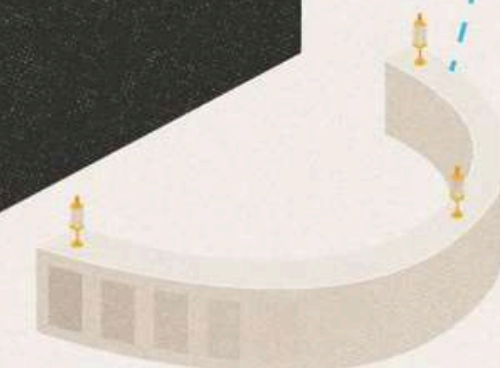


THE YAMAANI CORNER

The Black Stone and the Yamaani Corner face Yemen. Ibn 'Umar (ra) said, 'I have not seen the Messenger of Allah touching anything of the House (Ka'bah) except the two Yemeni corners'. [Abu Dawud]

THE HATEEM

It is an uncovered area next to the Ka'bah which is considered a part of the Ka'bah. The original foundations of the Ka'bah included the Hateem.



IHRAM

INTENTION & TALBIYAH

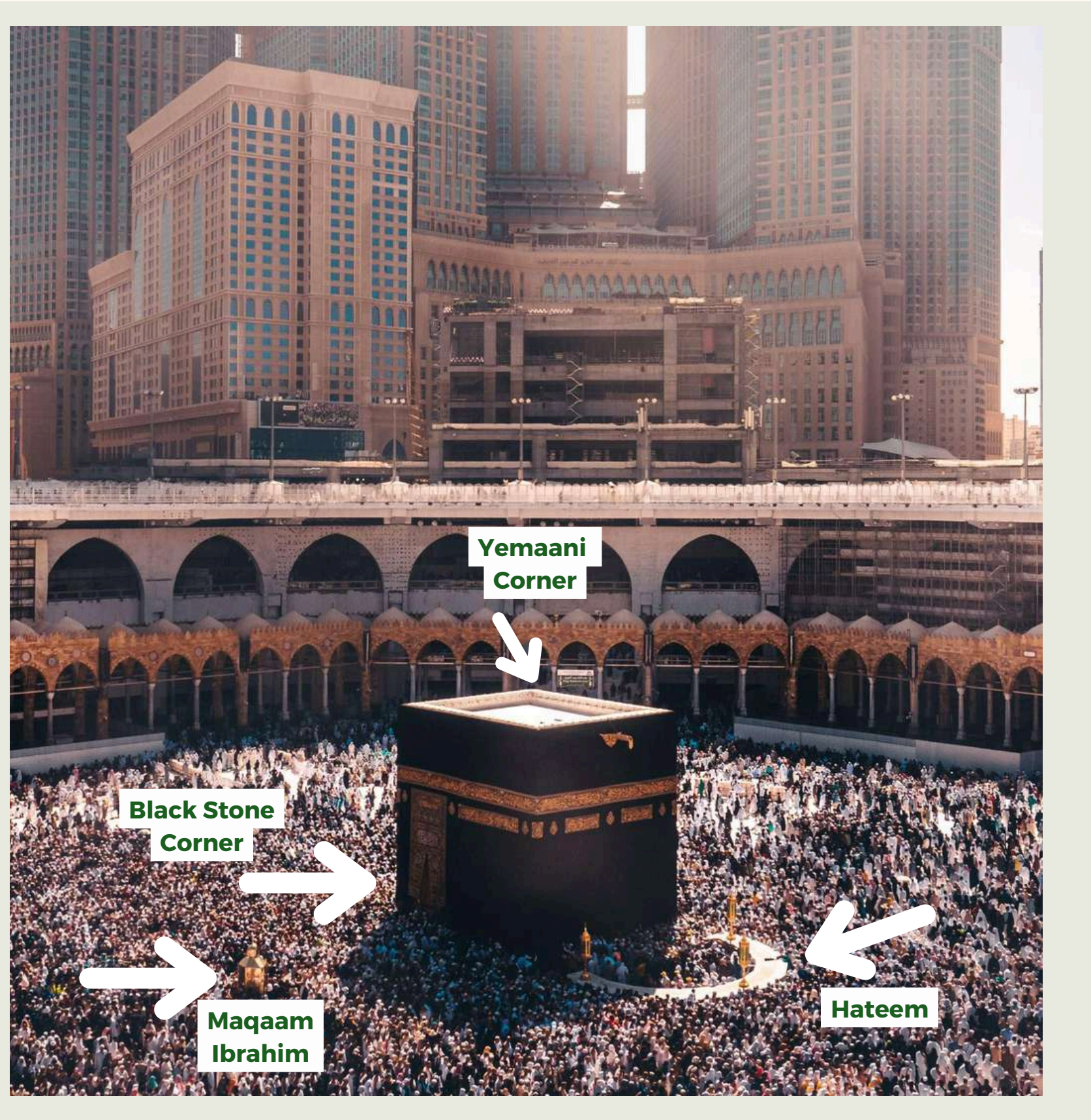
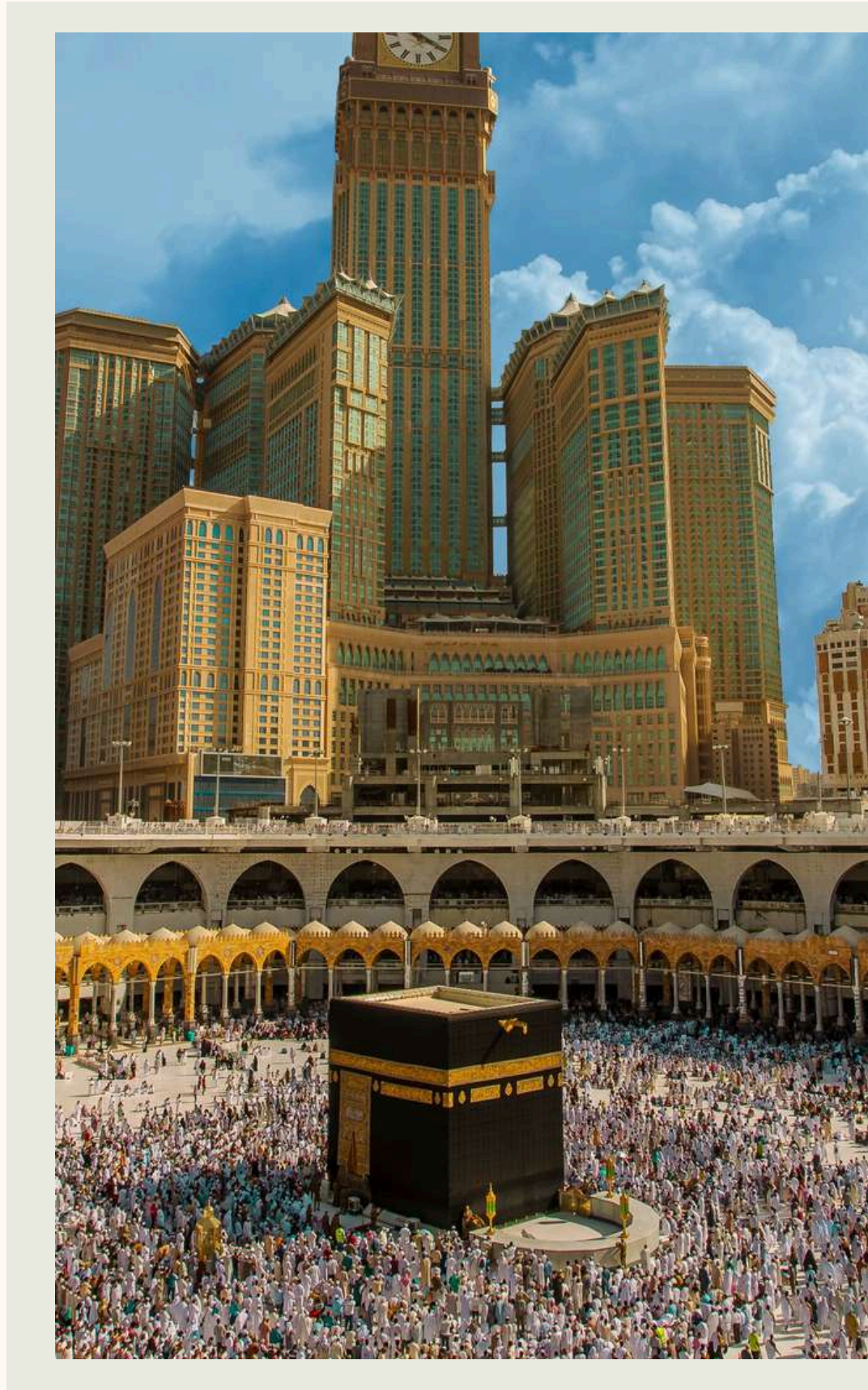
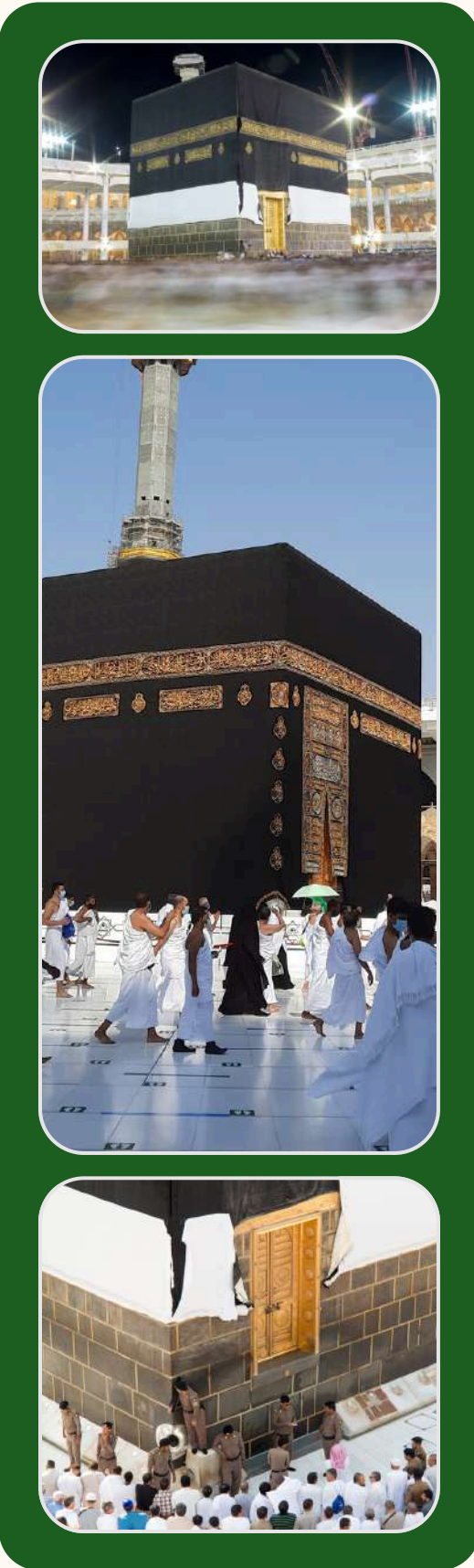
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



IHRAM

INTENTION & TALBIYAH

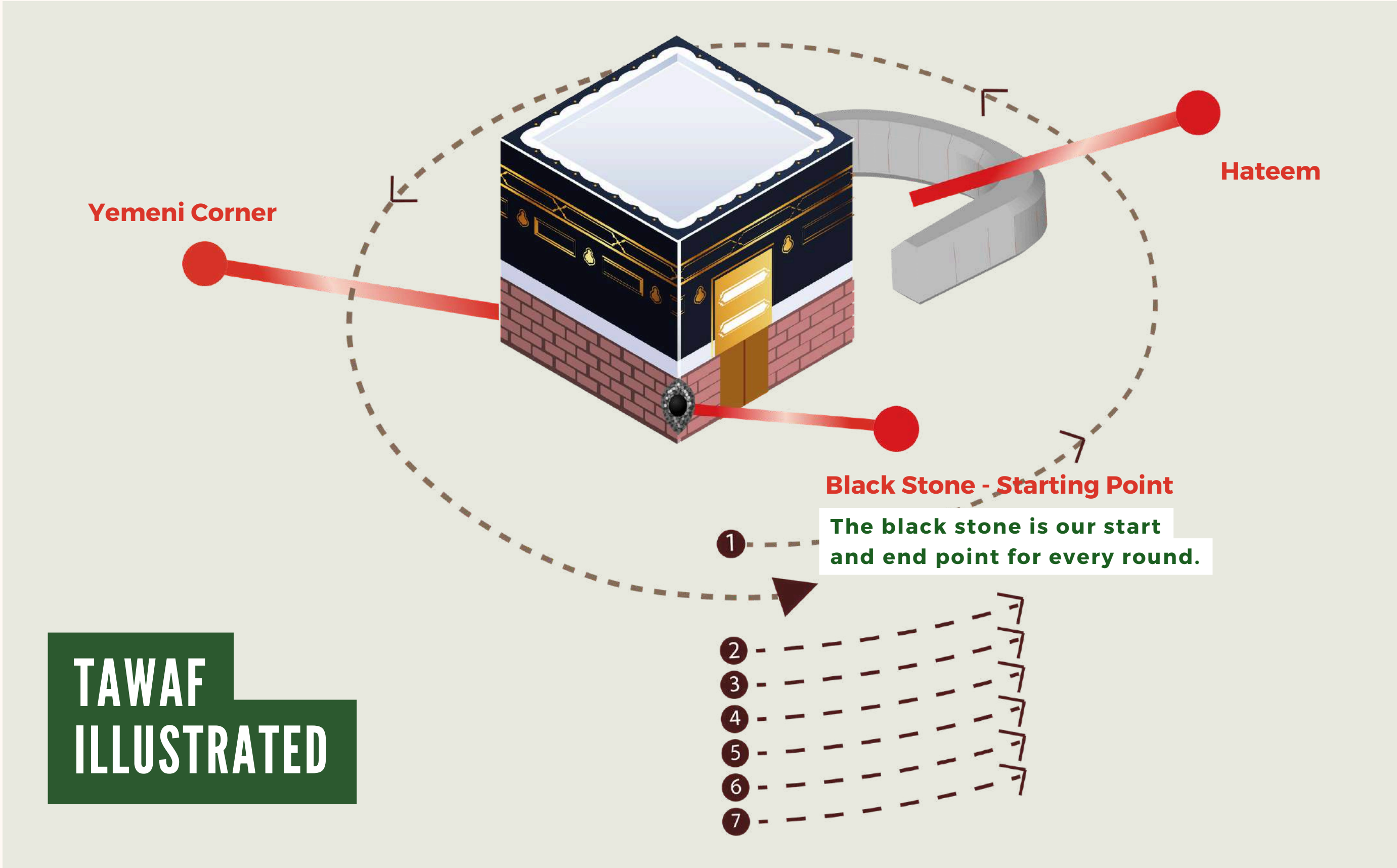
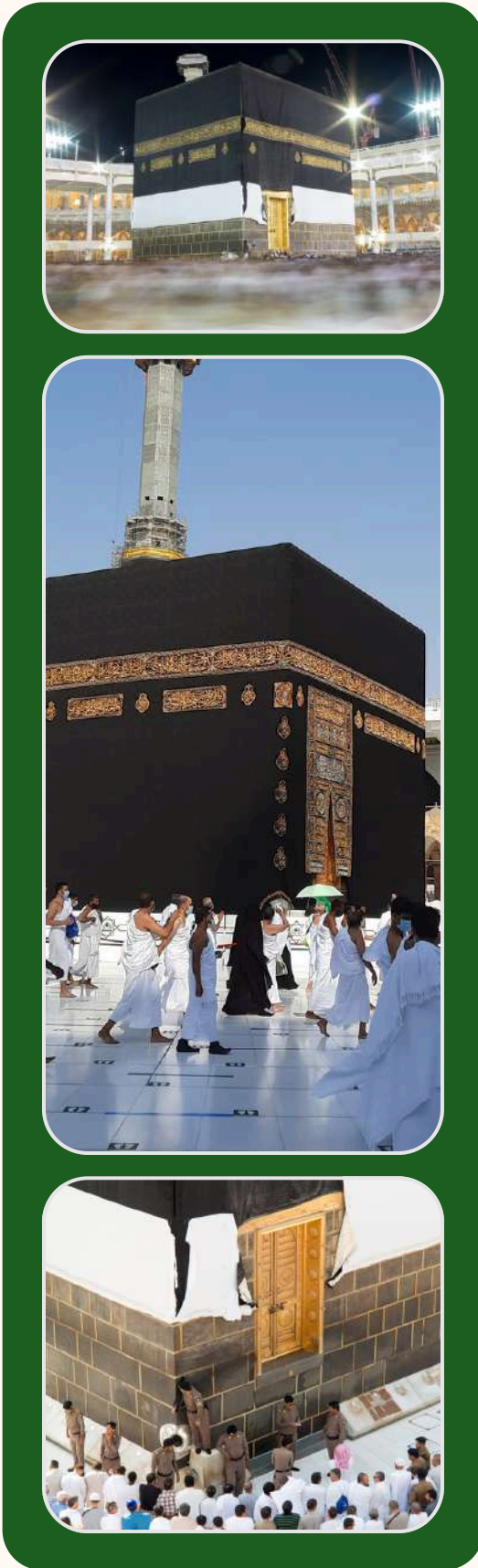
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



TAWAF ILLUSTRATED

IHRAM

INTENTION & TALBIYAH

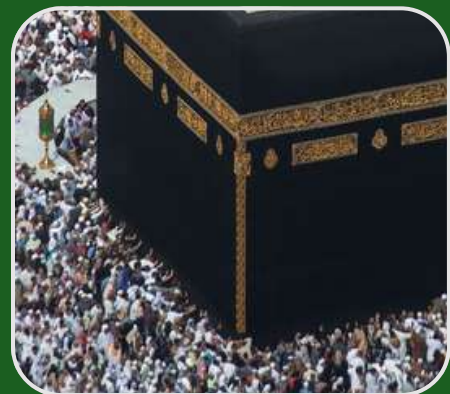
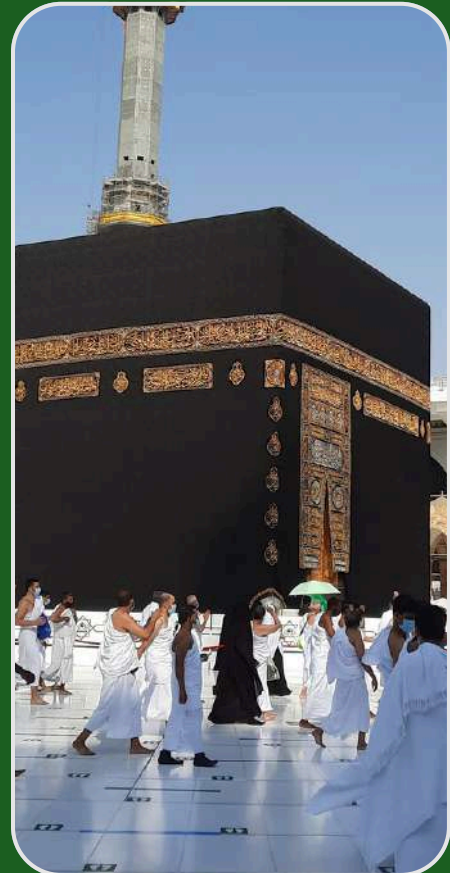
ARRIVING AT MAKKAH



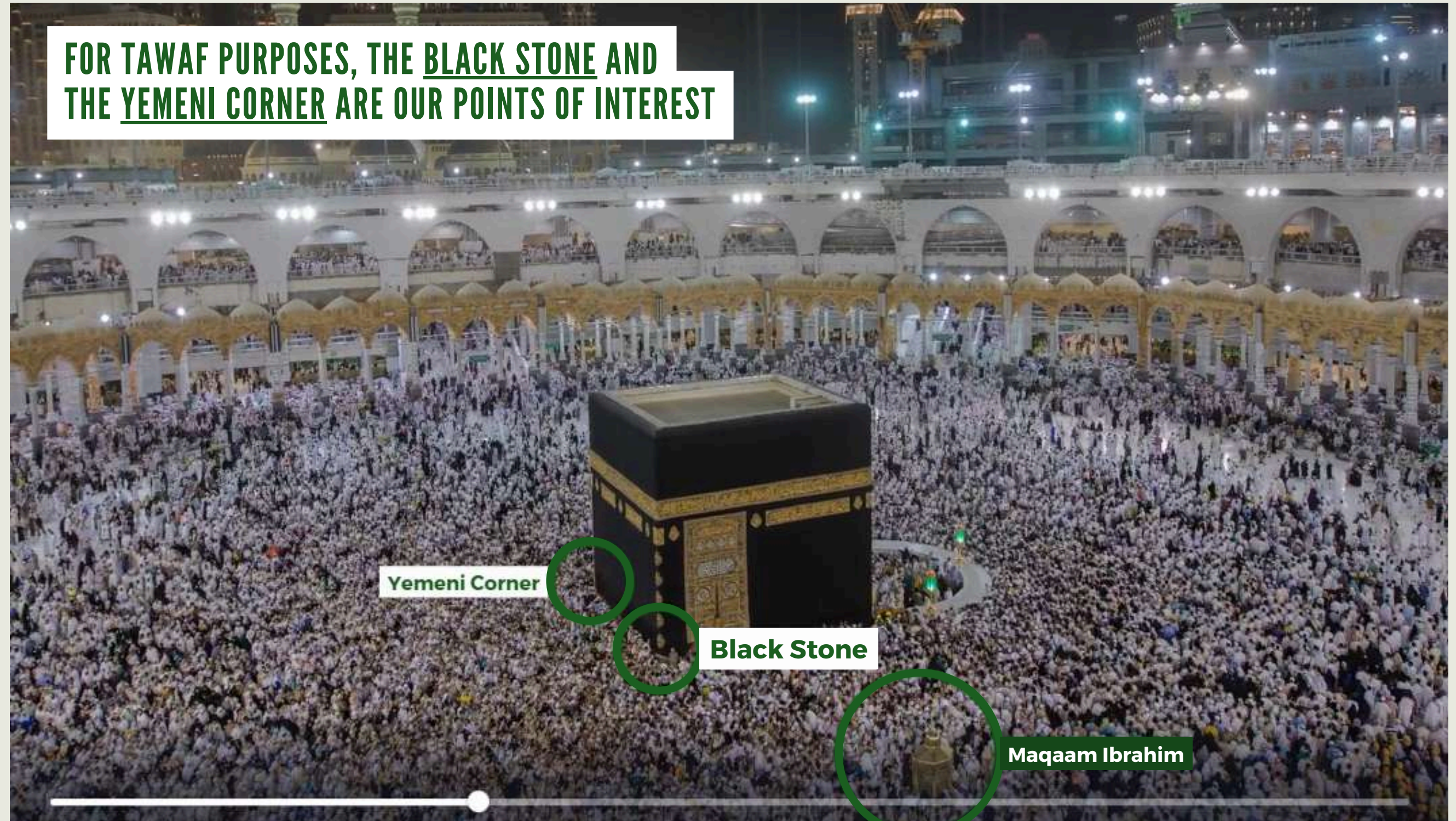
TAWAF

SA'EE

SHAVE / HAIRCUT



FOR TAWAF PURPOSES, THE BLACK STONE AND THE YEMENI CORNER ARE OUR POINTS OF INTEREST



Yemeni Corner

Black Stone

Maqaam Ibrahim

IHRAM

INTENTION & TALBIYAH

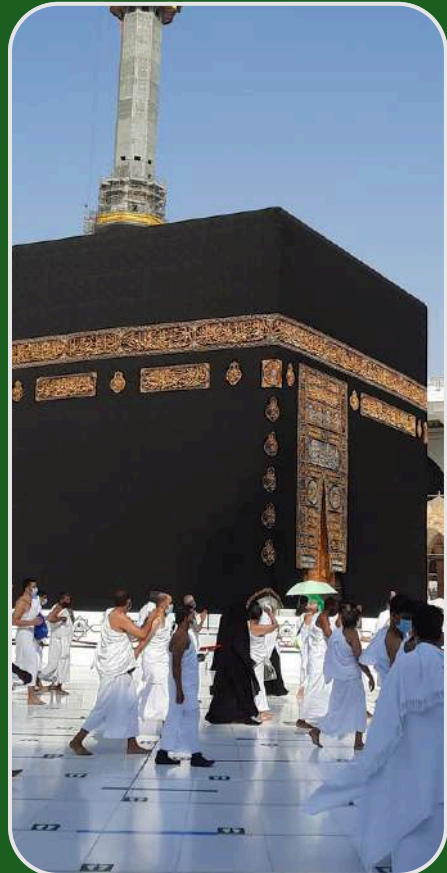
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Tawaf-ul-Ummrah:

- **Tahara & Wudu Requirement:**

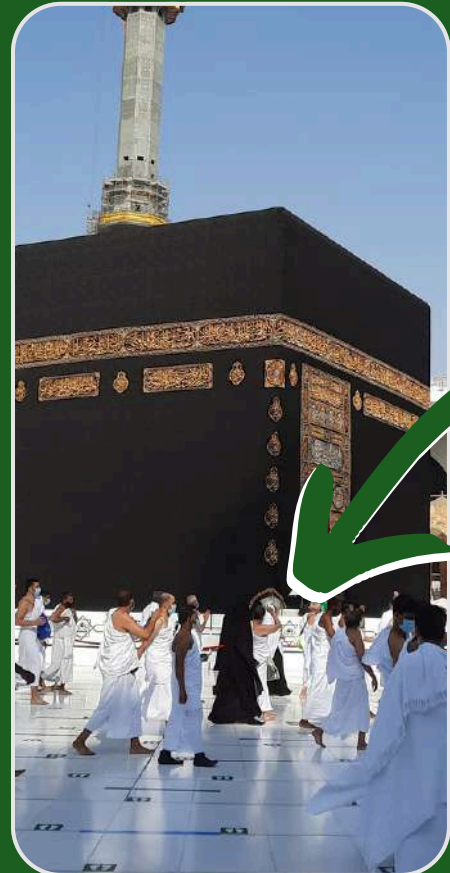
- According to the majority of scholars, one must be in a **state of Tahara (wudu, cleanliness)** - This is required for Tawaf.

- **For men only:**

- The sunnah is to expose your right shoulder **Idtibaa'** (اضْطِبَاع).
 - This will be done for all seven rounds.
- The sunnah is to perform **Raml (رَمَلٌ)**, walk briskly (fast pace) with short steps.
 - This will be done only during the first three rounds.
 - Please don't push anyone, though you may get pushed.

- **Make dua:**

- **There are no specific duas required during Tawaf. You can:**
 - Make personal duas in your own language
 - Recite Quran
 - Remember Allah with dhikr



• Start of Tawaf:

- Go straight to the **Black Stone** and face it, saying:

Bismillah Allahu-Akbar (بِسْمِ اللَّهِ - اللَّهُ أَكْبَرُ)

• How to approach the Black Stone

- There are three ways, in order of preference:
 - Kiss the Black Stone** - Only if you can do so safely without pushing or harming others
 - Touch it with your hand and then kiss your hand** - If you can reach it but not kiss it directly
 - Point toward it** - If you cannot reach it (which will be the case for us all due to crowds)
 - Raise your right hand toward the Black Stone
 - Say "Bismillah, Allahu Akbar"
 - Do NOT kiss your hand afterward when using this method

IHRAM

INTENTION & TALBIYAH

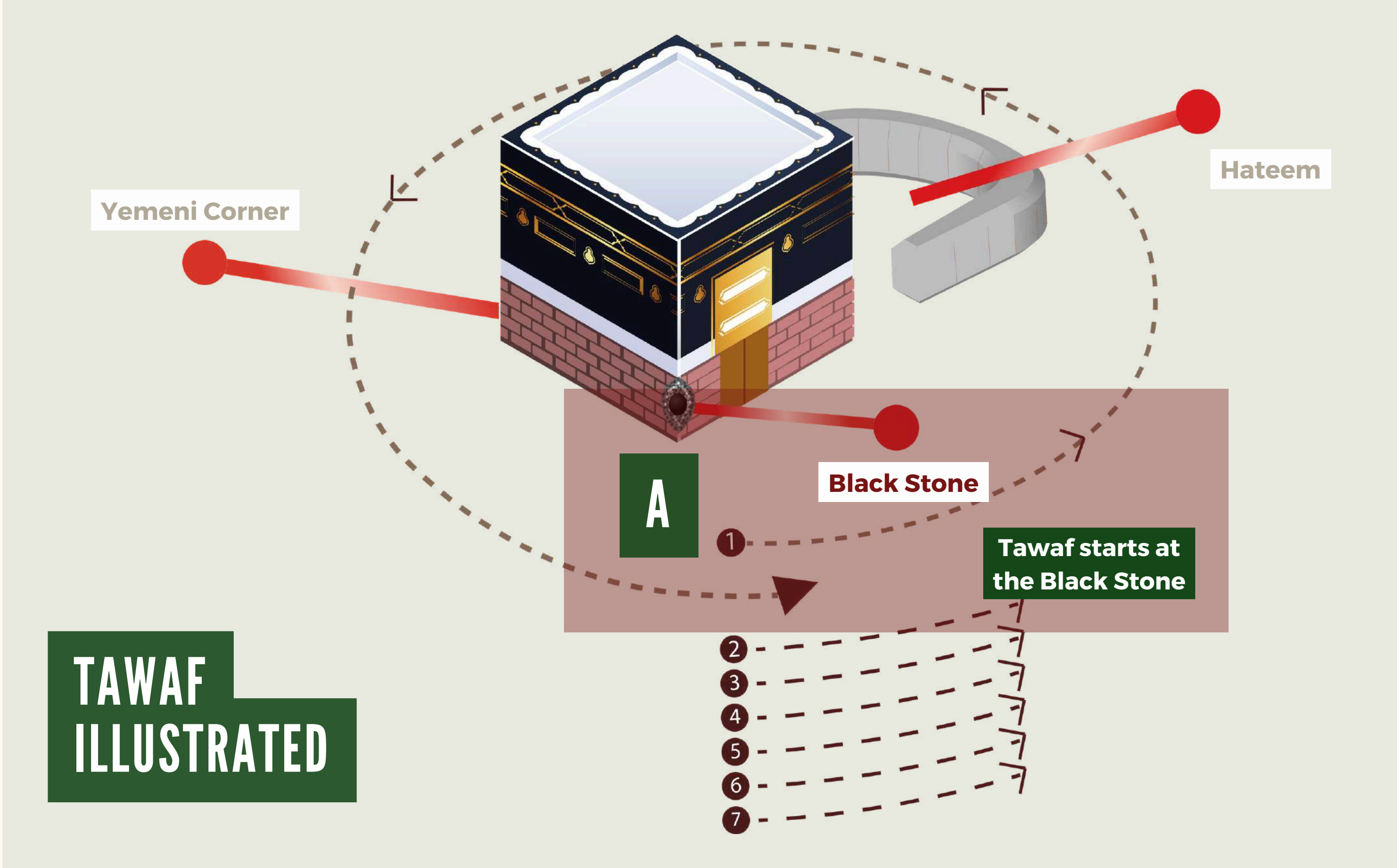
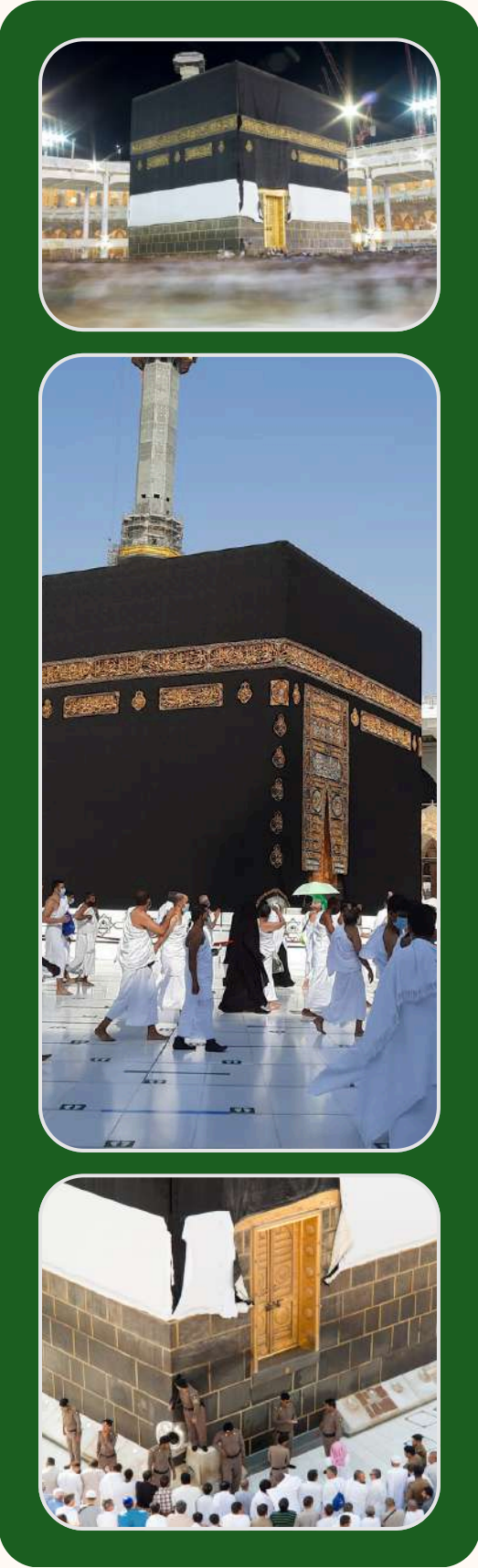
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



**TAWAF
ILLUSTRATED**

IHRAM

INTENTION & TALBIYAH

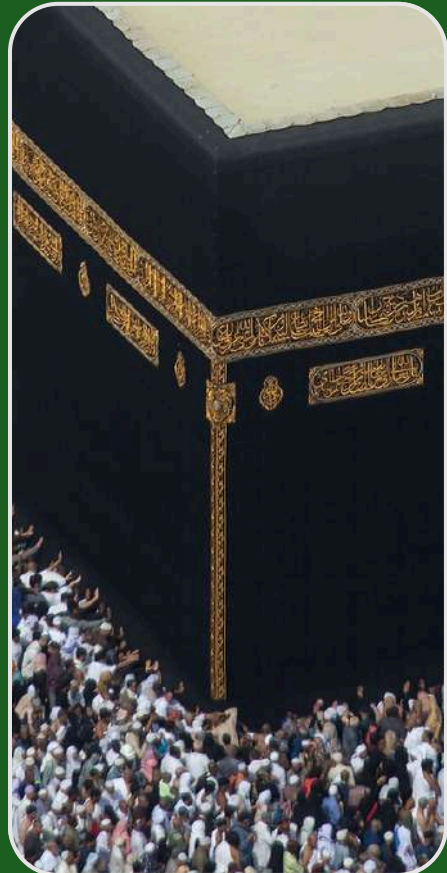
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



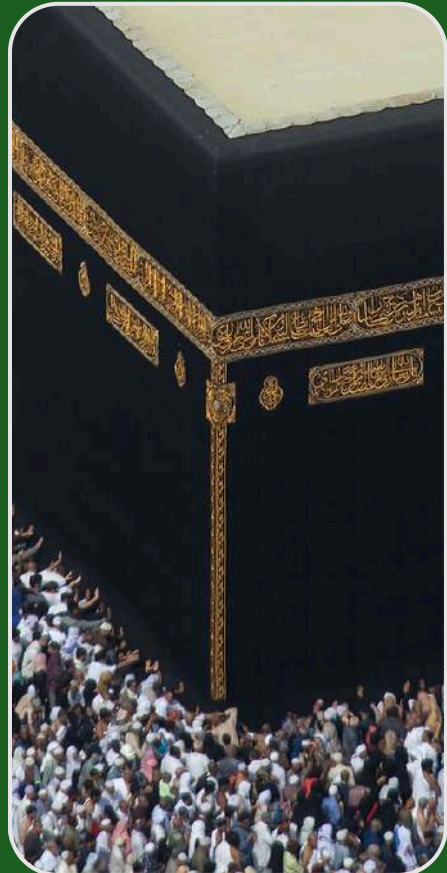
At the Yemeni Corner (Rukn al-Yamani):

- When arriving at the Yemeni Corner, the sunnah is to try to touch it WITHOUT kissing, but of course, that's not possible as a group. We will just keep walking.
- Recite the following dua between the Yemeni Corner and the Black Stone, which is the next corner:

رَبَّنَا آتِنَا فِي الدُّنْيَا حَسَنَةً وَفِي الْآخِرَةِ حَسَنَةً وَقِنَا عَذَابَ النَّارِ

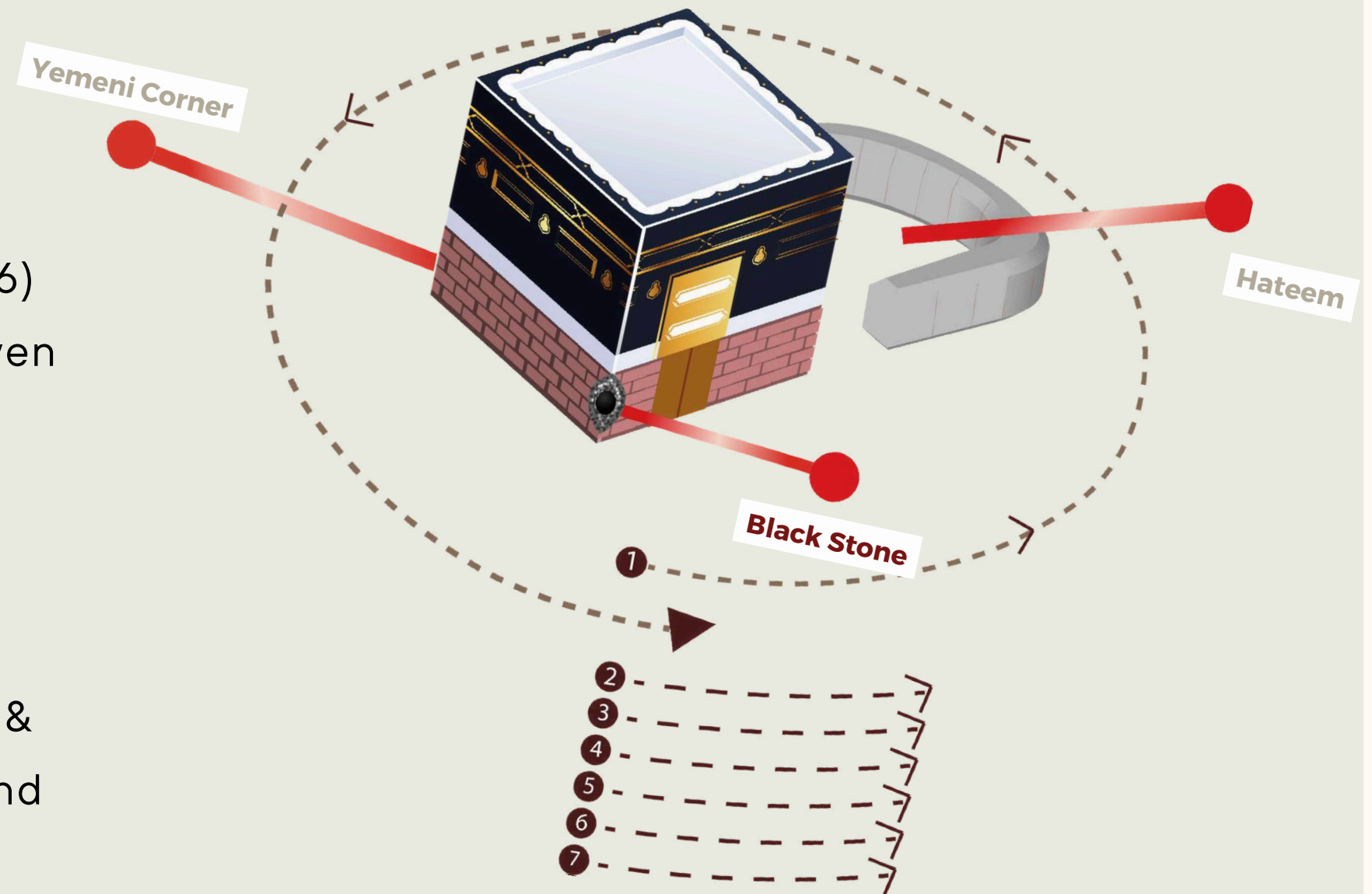
**Rabbanaa aatinaa fid-dunyaa hasanatan wa feel aakhirati hasanntan
wa qinna 'athaaban naar.**

Which means: *Our Lord, give us good in this world and good in the Hereafter,
and protect us from the torment of the Fire.*



Finishing the round at the Black Stone:

- Once you reach the Black Stone, you have completed one round.
- You repeat this process six (6) more times (for a total of seven (7) rounds).
- After you finish the seventh round, we will exit and not raise or say **Allahu akbar**.
 - If you do raise your hand & say it, please go ahead and complete the 8th round.



IHRAM

INTENTION & TALBIYAH

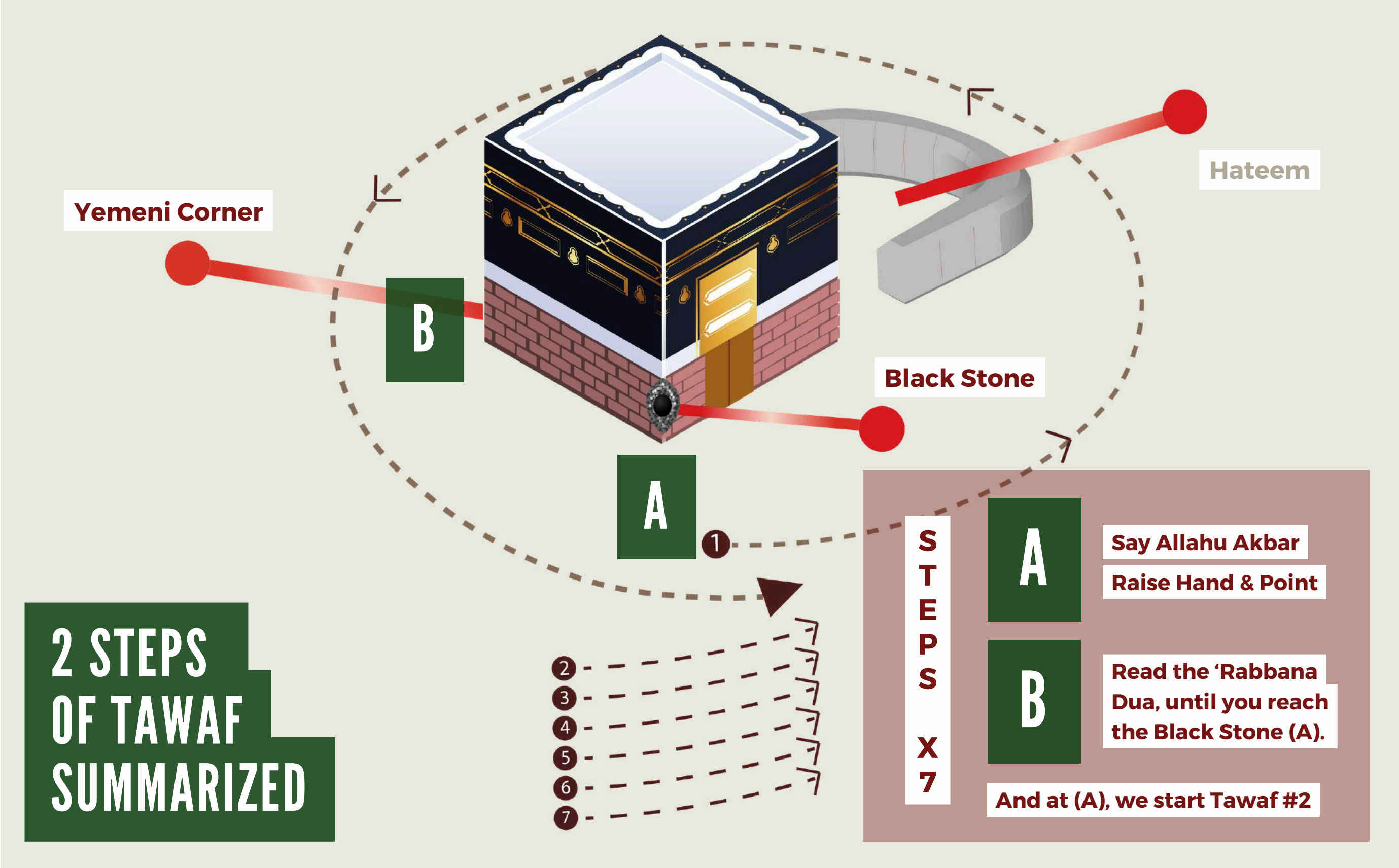
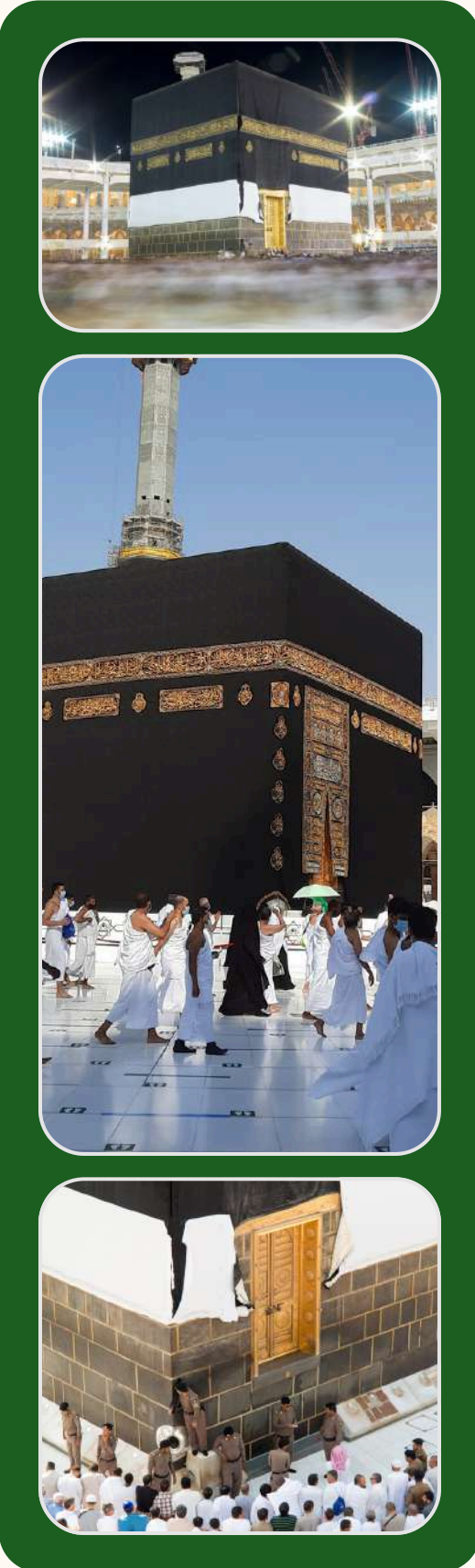
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



**2 STEPS
OF TAWAF
SUMMARIZED**

IHRAM

INTENTION & TALBIYAH

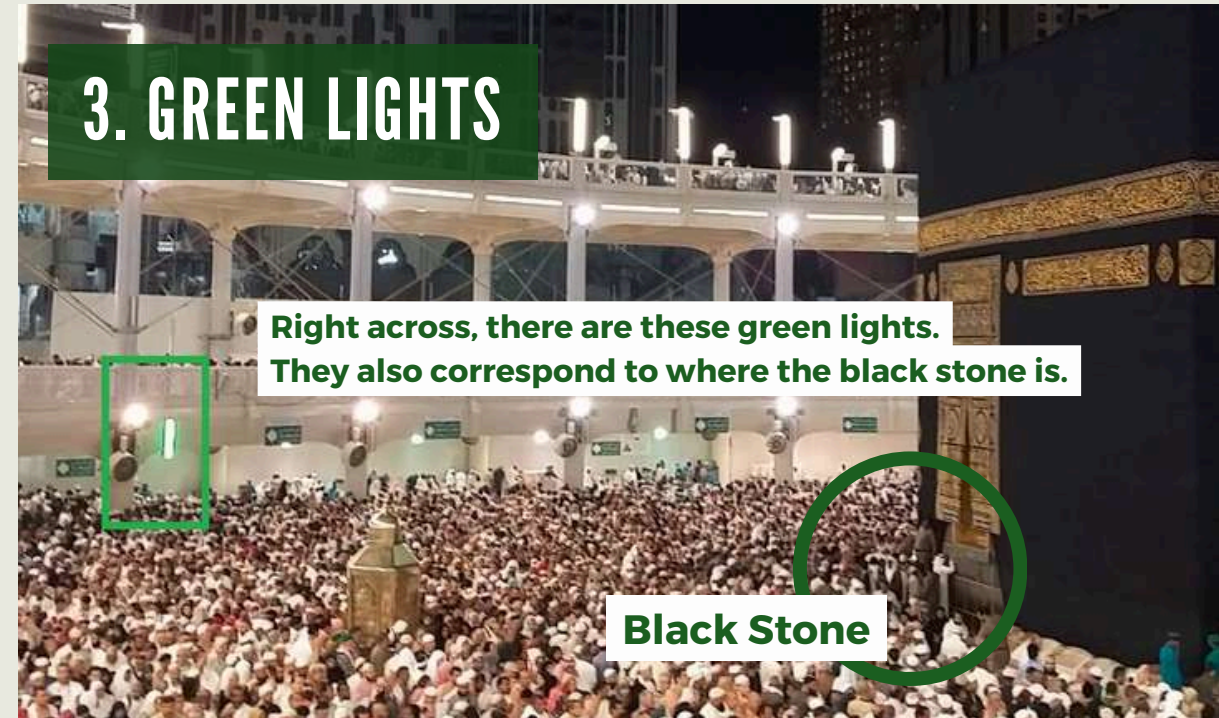
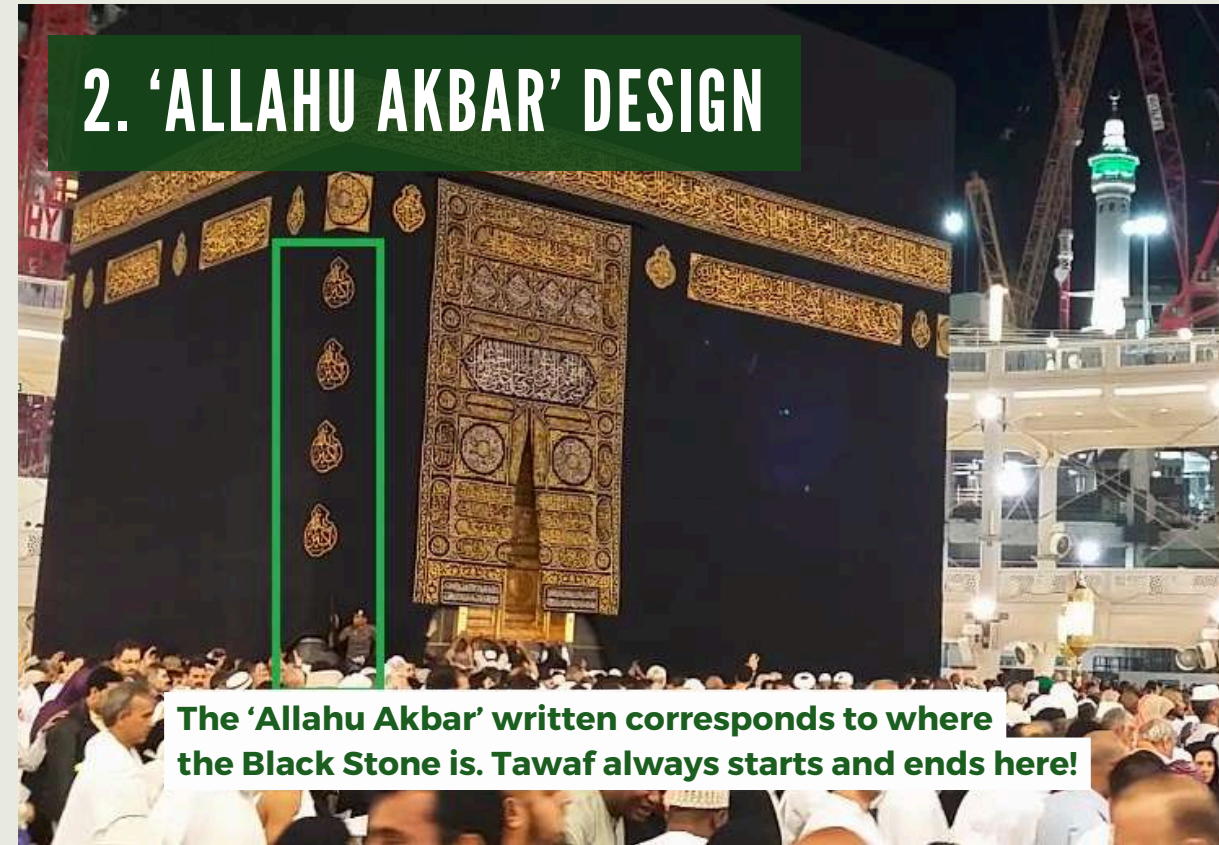
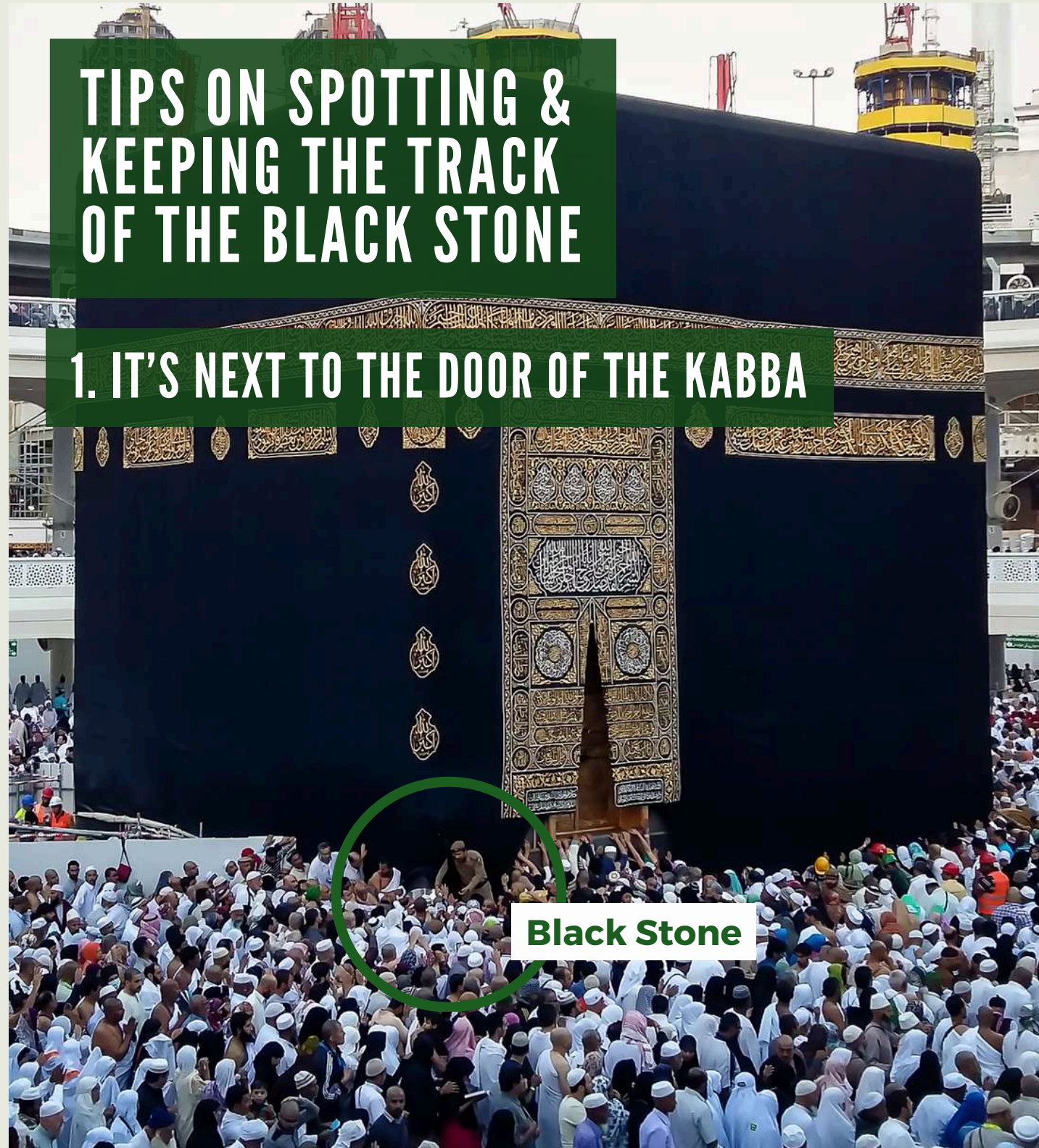
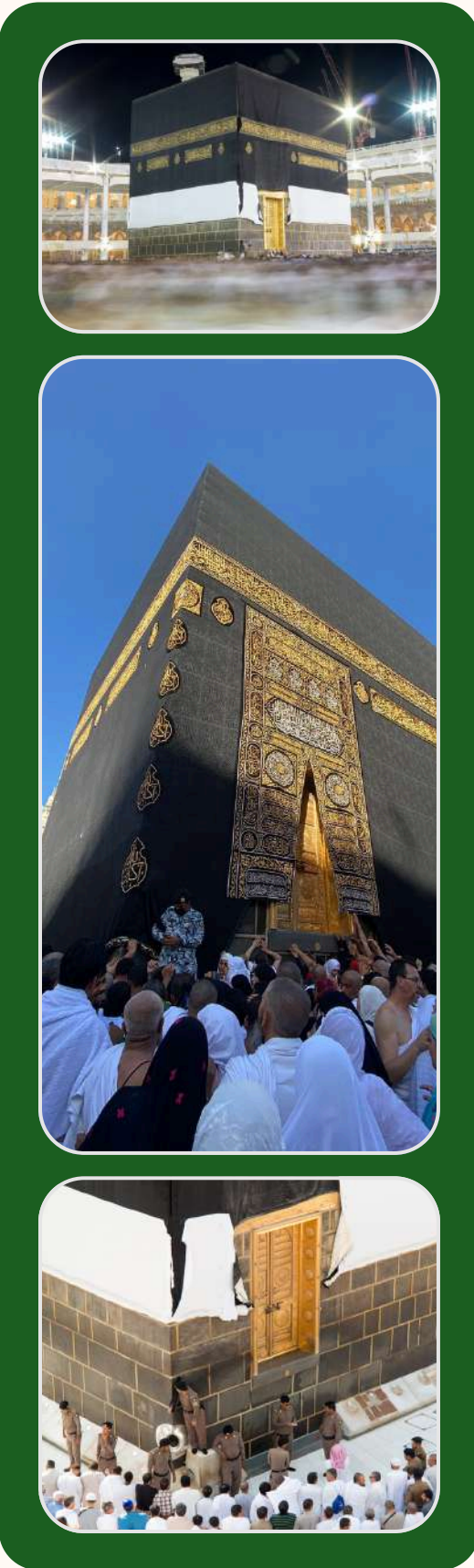
ARRIVING AT MAKKAH



TAWAF

SA'EE

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IHRAM

INTENTION & TALBIYAH

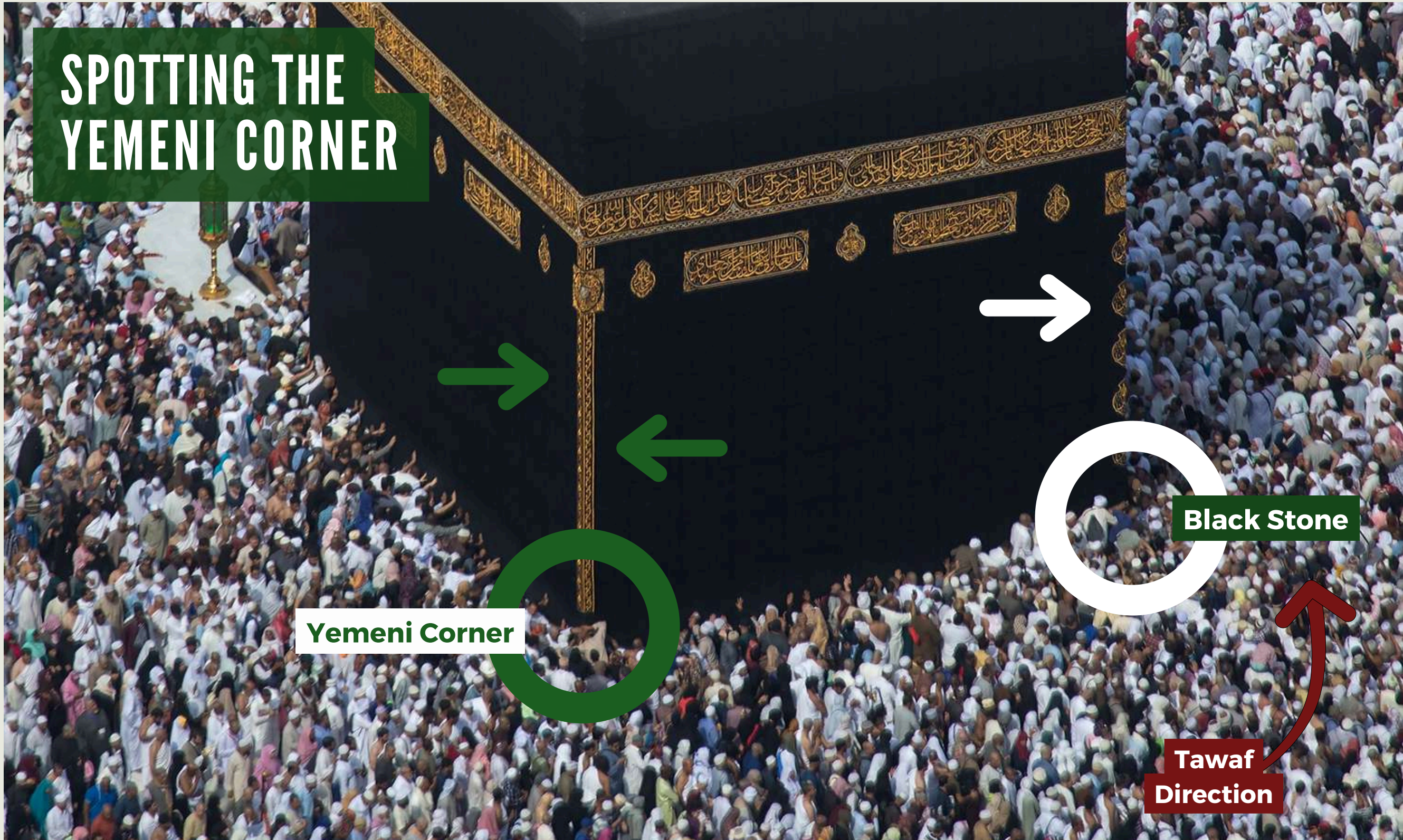
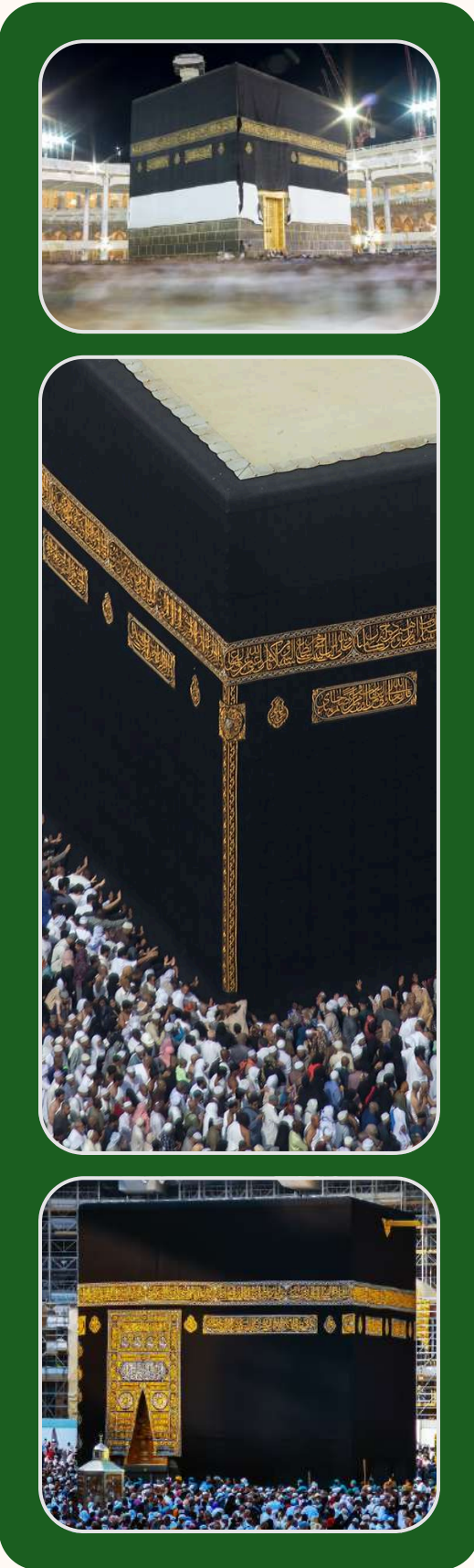
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IHRAM

INTENTION & TALBIYAH

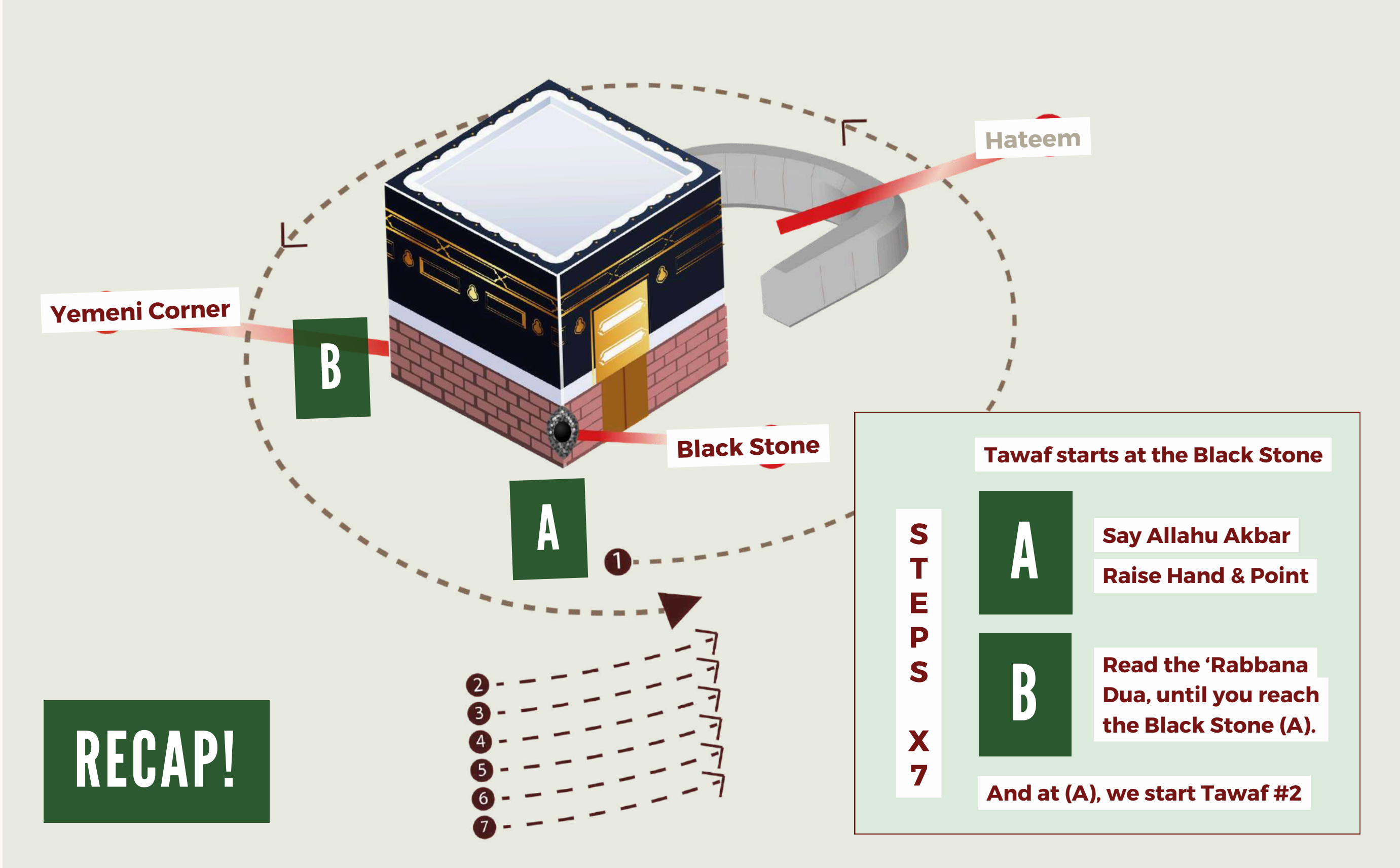
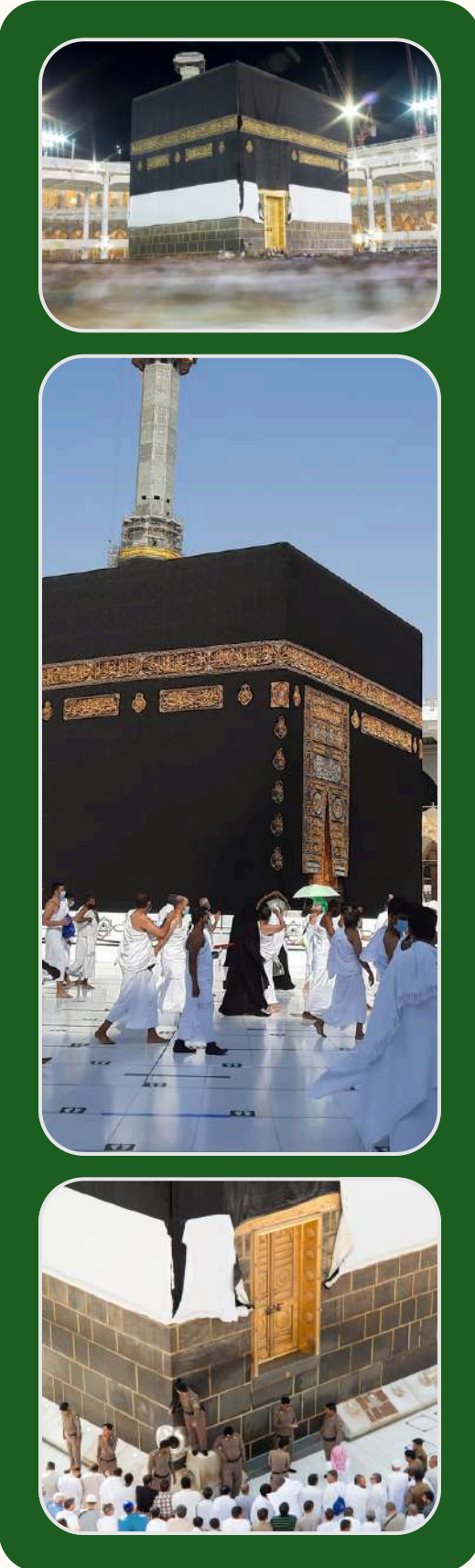
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Pillars

The absolute must acts.

If we miss any of it, there is no Umrah.

Ihrām

Tawāf

Sa'ee

Remaining

Wājibāt

The obligatory acts.

If we miss any of it, sacrifice is needed.

Ihrām
from Miqāt

Shaving or
Trimming
Hair

Following
Ihrām
Restrictions

Sunan

The recommended acts.

If we miss any of it, no sacrifice needed and umrah is valid.

Ghusl before
Ihrām

Kissing the
Black Stone

Two Rak'ah
behind Maqam

'White' Ihrām

Raml

Drinking
Zamzam

Reciting Intention
and Talbiyah

Idtiba

Supplication
during Rituals



Maqaam Ibraaheem

STILL STEP 4

IHRAM

INTENTION & TALBIYAH

ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Pray behind Maqaam Ibraaheem:

- After we finish the **seventh round**
 - For men: cover your right shoulder (end **Idtibaa'**)
 - Go towards Maqaam Ibrahim (Station of Abraham) and recite:

Wattakhithoo min-maqaami ibraaheema musalla.

وَاتَّخِذُوا مِنْ مَّقَامِ إِبْرَاهِيمَ مُصَلًّى

"And take the Station of Ibrahim as a place of prayer."

Pray two rak'ahs behind Maqaam Ibraheem if possible:

- Due to the crowds, there is now a designated space.

IHRAM

INTENTION & TALBIYAH

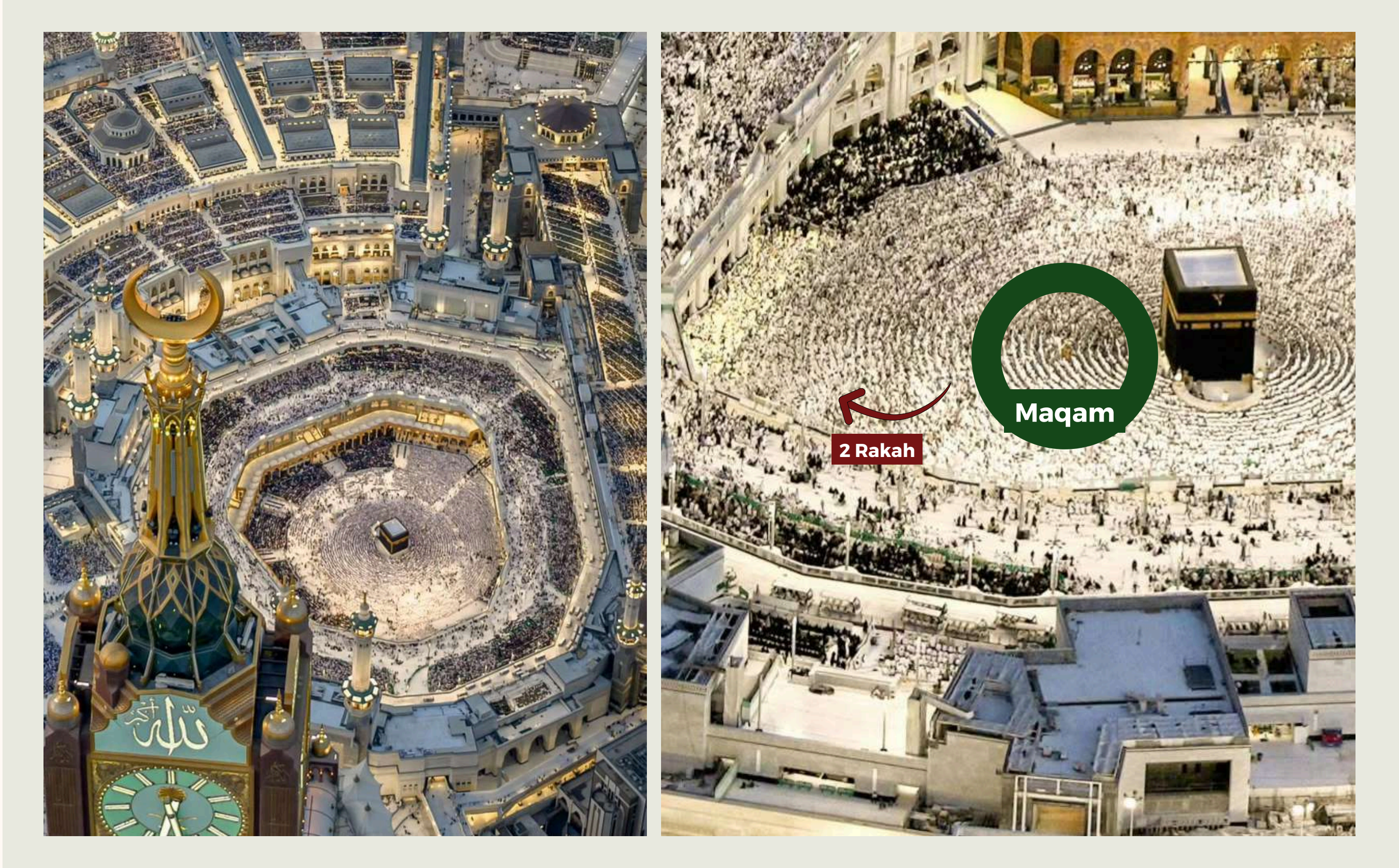
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



IHRAM

INTENTION & TALBIYAH

ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Picture taken at now the designated spot to pray the two rakah at Maqaam Ibraheem.

IHRAM

INTENTION & TALBIYAH

ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Pray two rak'ahs behind Maqam Ibraheem if possible:

- In the first rak'ah, recite Surah Al-Fatihah followed by Surah Al-Kafirun [[link](#)]
- In the second rak'ah, recite Surah Al-Fatihah followed by Surah Al-Ikhlās [[link](#)]

Zamzam:

After praying, proceed to the Zamzam stations and drink a lot of Zamzam, and pour some of the Zamzam onto your head (another sunnah).

- The Prophet ﷺ said, "**Zamzam water is for what it is drunk for.**" زَمَزَمٌ لِمَا شُرِبَ لَهُ
- And He ﷺ said, "**It is blessed and it is a food and a cure for illness**" – إِنَّهَا طَعَامٌ طُعِمَ وَشِفَاءٌ سُقِيَ

Al-Sa'ee Safa & Marwah

STEP 5

IHRAM

INTENTION & TALBIYAH

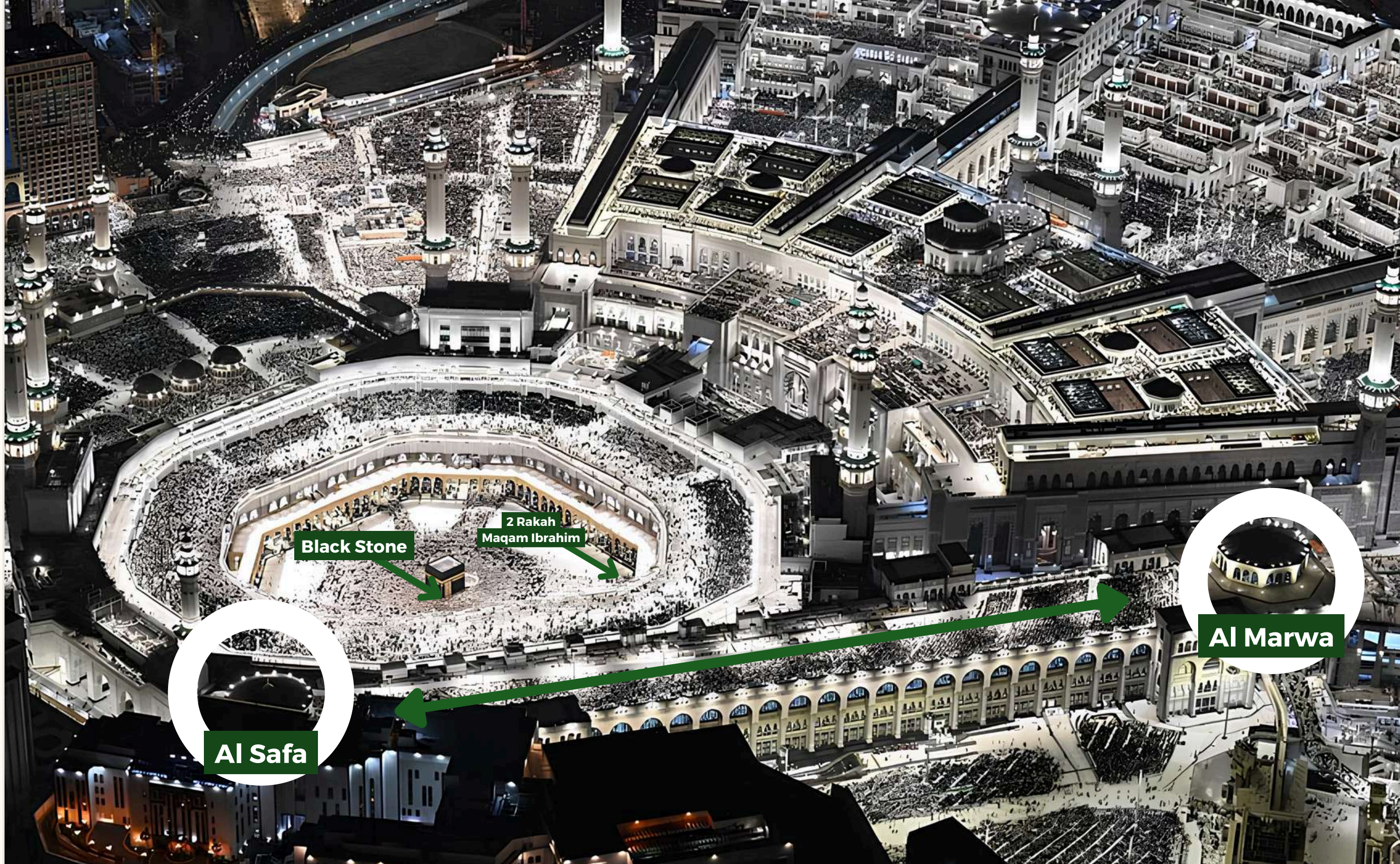
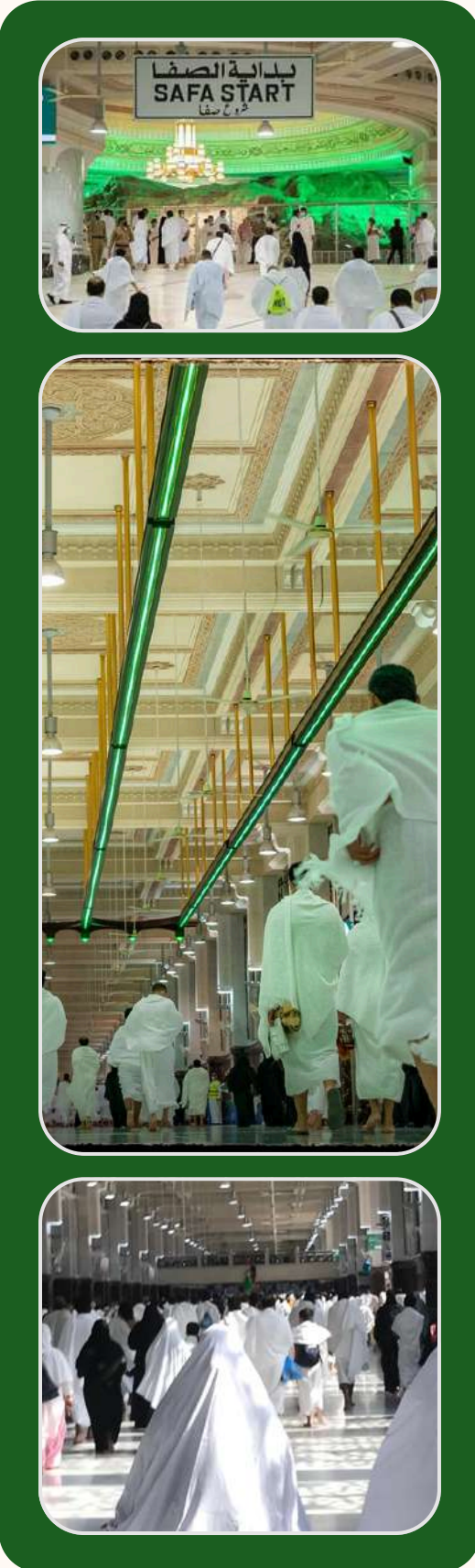
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



IHRAM

INTENTION & TALBIYAH

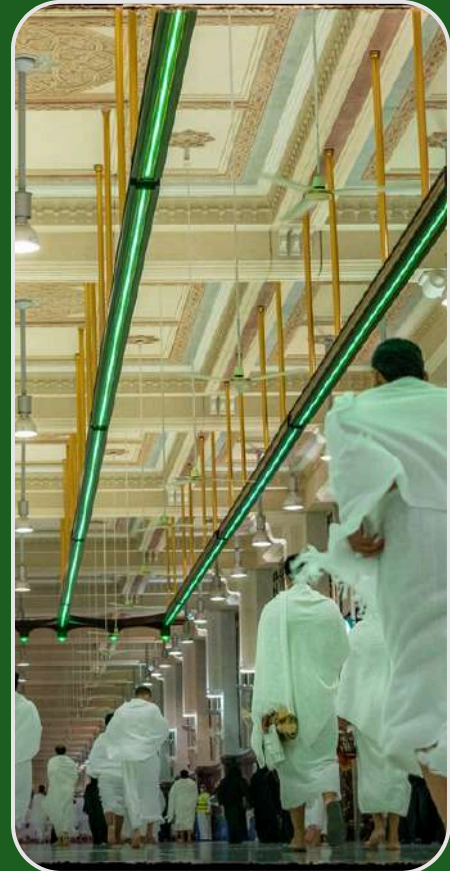
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



After drinking lots of Zamzam, we will walk towards the Sa'ee (al-Masa'a) area to perform Sa'ee between Safa and Marwah (الصفا والمروة). What is Sa'ee?

Originally, the word Sa'ee comes from the Arabic word Sa'a, which linguistically means to pursue or to walk or to strive. In our context, the meaning of Sa'ee is to run or walk between Safa and Marwah while performing Umrah or Hajj.



IHRAM

INTENTION & TALBIYAH

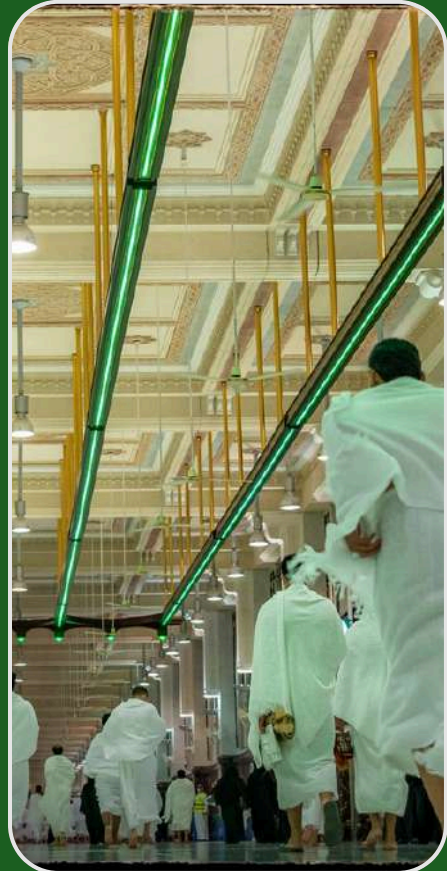
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Proceed to the Sa'ee area. On your way to Sa'ee (al-Masa'a) area, says:

Innas-safaa wal marwata min sha'aa'irillaahi fman hajjal baita 'awi'tamara falaa junaaha 'alaihi a-yattawwufu bihimaa wa-man tatauwa'a khiran fa'innallaaha shaakirun 'aleem.

إِنَّ الصَّفَا وَالْمَرْوَةَ مِنْ شَعَائِرِ اللَّهِ، فَمَنْ حَجَّ الْبَيْتِ أَوْ اعْتَمَرَ فَلَا جُنَاحَ عَلَيْهِ أَنْ يَطَّوَّفَ بِهِمَا، وَمَنْ تَطَوَّعَ خَيْرًا فَإِنَّ اللَّهَ شَاكِرٌ عَلِيمٌ

Which means: *Behold! Safa and Marwa are among the symbols of Allah. So if those who visit the House in the season or at other times should compass them round, it is no sin in them, and if anyone obeys his own impulse to good, be sure that Allaah is He Who recognizes and knows.*

Please Note - Wudu: While recommended, wudu is not required for Sa'ee. In contrast, we do need wudu for Tawaf.

IHRAM

INTENTION & TALBIYAH

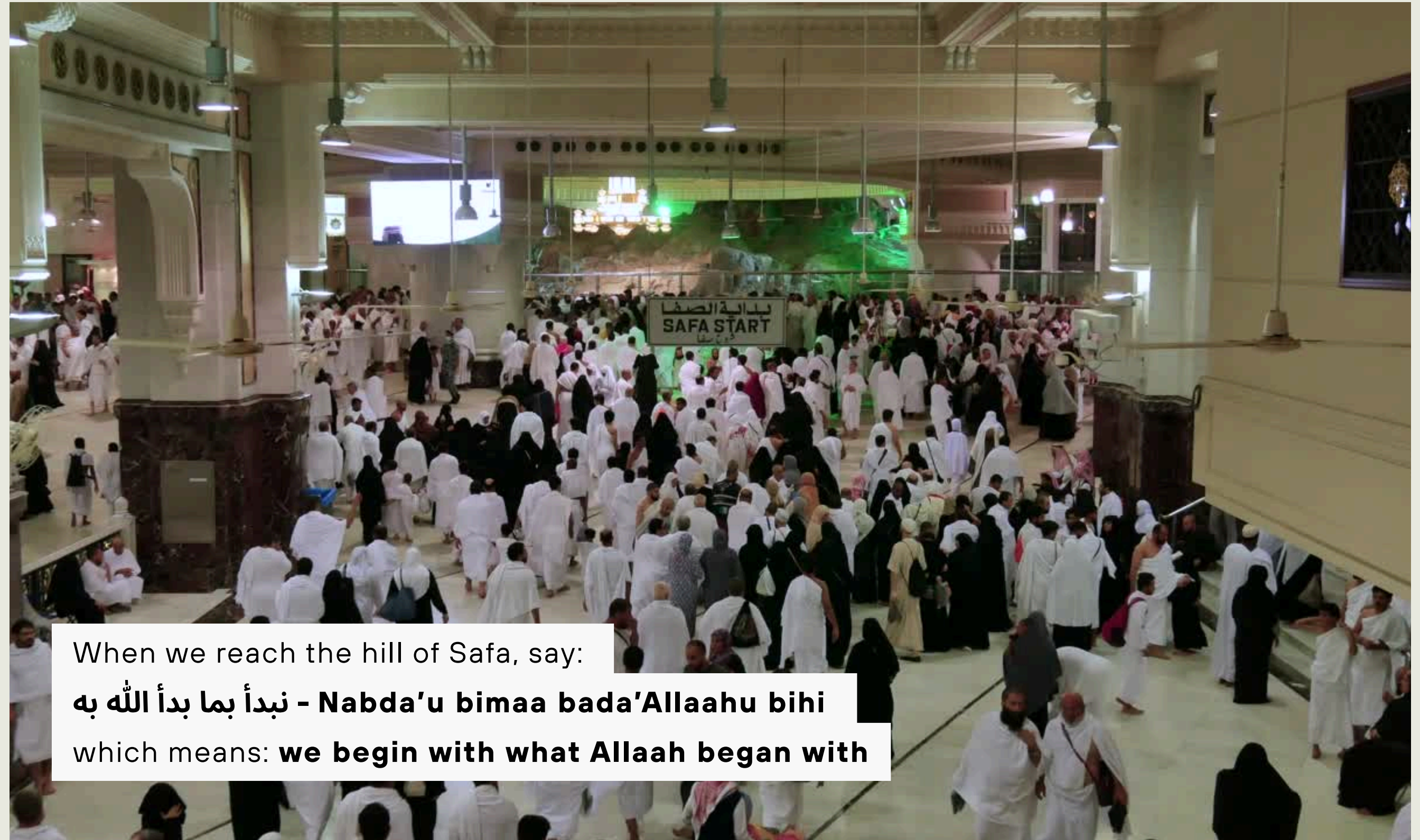
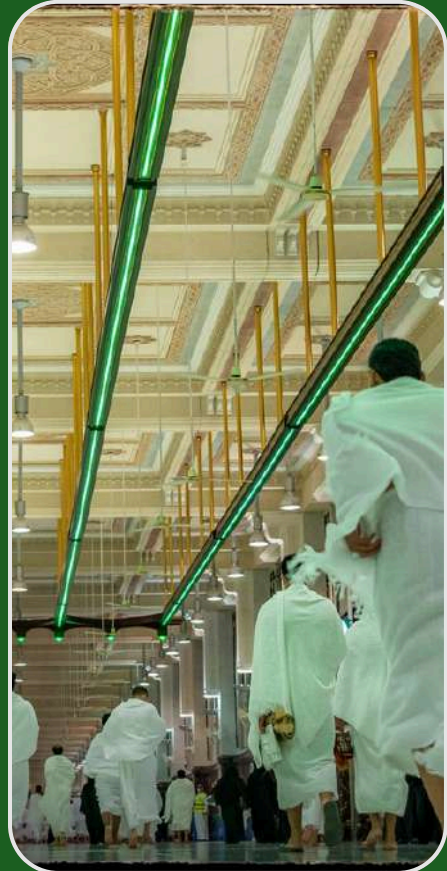
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



When we reach the hill of Safa, say:

نبدأ بما بدأ الله به - Nabda'u bima bada'Allaahu bihi

which means: **we begin with what Allaah began with**

IHRAM

INTENTION & TALBIYAH

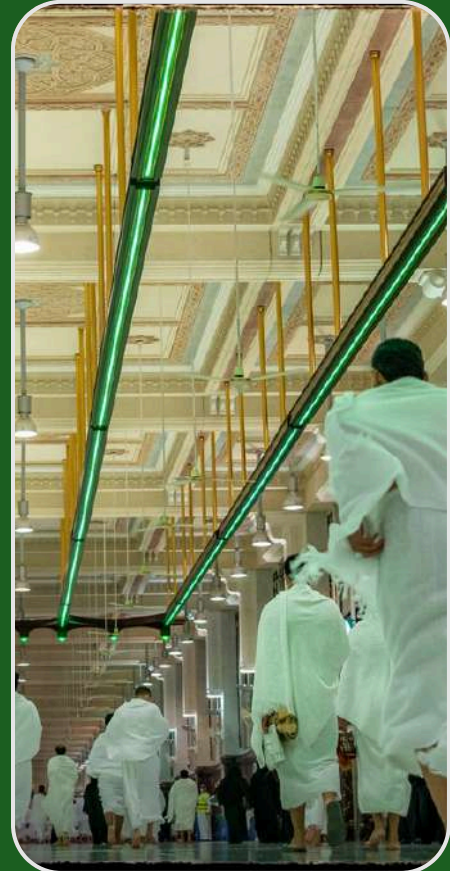
ARRIVING AT MAKKAH



TAWAF

SA'EE

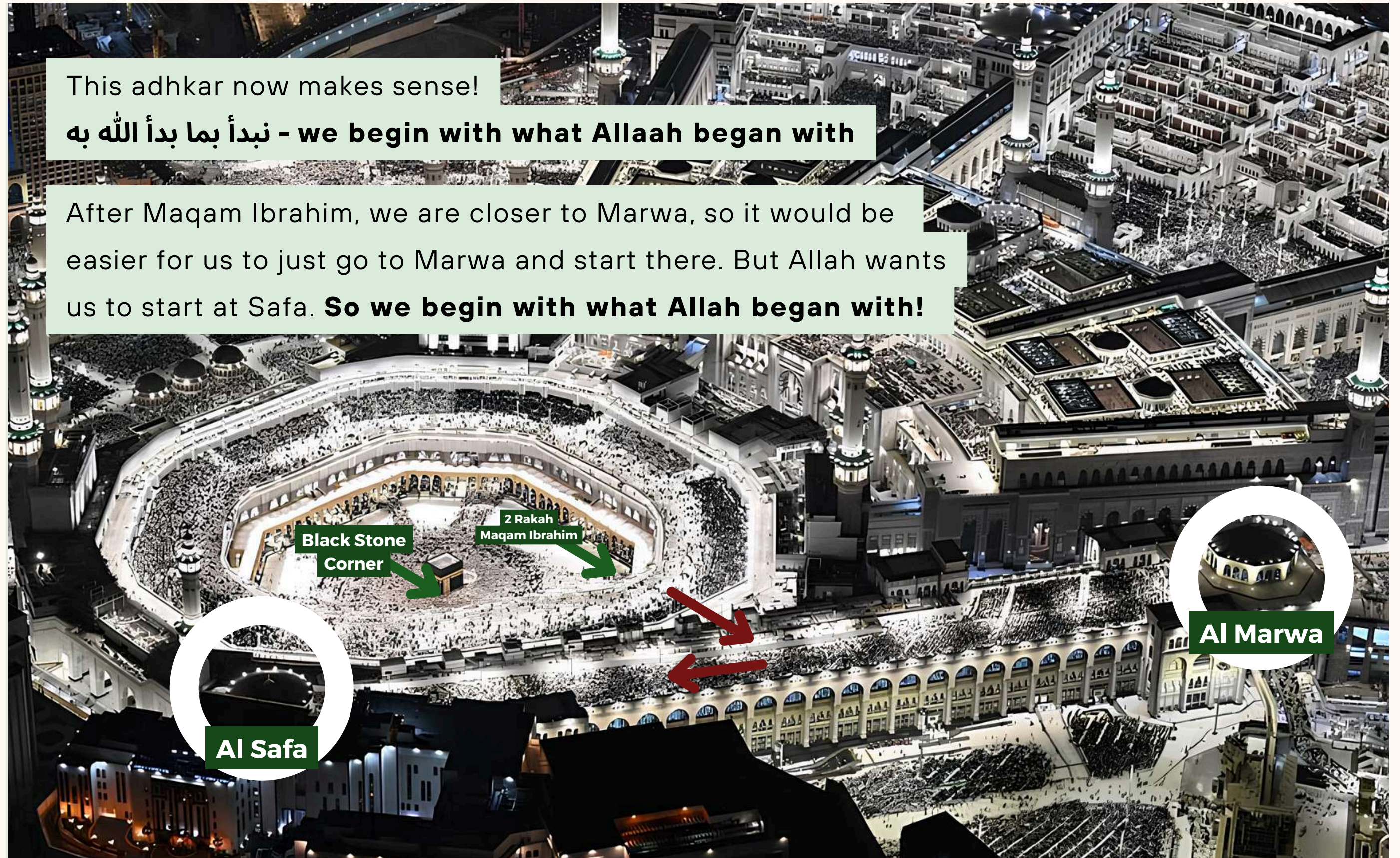
SHAVE / HAIRCUT



This adhkar now makes sense!

نبدأ بما بدأ الله به - we begin with what Allaah began with

After Maqam Ibrahim, we are closer to Marwa, so it would be easier for us to just go to Marwa and start there. But Allah wants us to start at Safa. **So we begin with what Allah began with!**



Black Stone Corner

2 Rakah Maqam Ibrahim

Al Safa

Al Marwa

IHRAM

INTENTION & TALBIYAH

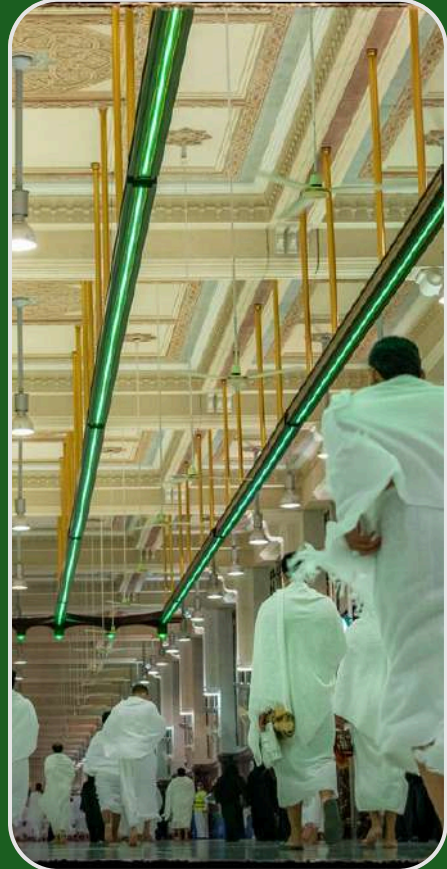
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



At Safa Hill:

1. Climb or walk up the hill of Safa (and stand in the designated area)
2. Face the Ka'bah (there are signs showing the direction)
3. Say this dua three times, and **make du'aa after each time.**

الله أكبر الله أكبر الله أكبر. لا إله إلا الله وحده لا شريك له، له الملك وله الحمد، يحيي ويميت، وهو على كل شيء قدير.
لا إله إلا الله وحده لا شريك له، أنجز وعده، ونصر عبده، وهزم الأحزاب وحده

Allaahu akbar Allaahu akbar Allaahu Akbar – Laa illaaha illallahu wahdahu Laa shareeka-Lahu, Lahul-mul ku wa-lahul hamdu – yuhee wa-yumeetu wa –huwa 'alaa kulli shai'in qadeer – Laa ilaaha illallahu wahdahu Laa shareeka-lahu – anjaza wa'dahu wa nasara abdahu wa hazamal ahzaaba wahdahu.

Which means: *none has the right to be worshipped except Allah alone, without partner. To Him belongs all sovereignty and praise and He is over all things omnipotent. None has the right to be worshipped except Allah alone. He fulfilled His promise, aided his servant and single-handedly defeated the allies.*

IHRAM

INTENTION & TALBIYAH

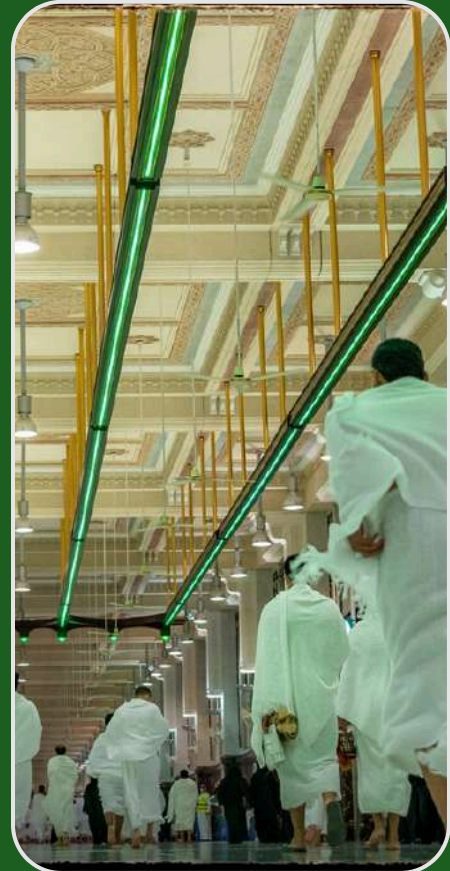
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



We will make dua similar to them here.

IHRAM

INTENTION & TALBIYAH

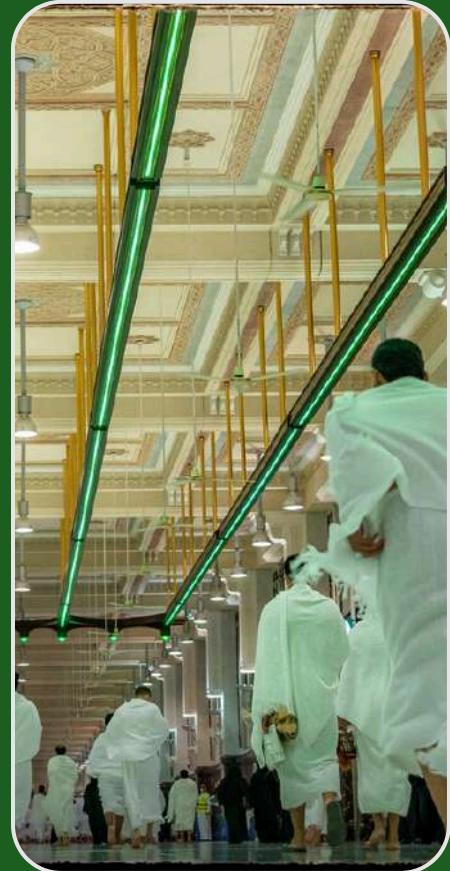
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



1. **Next, descend from Safa and walk toward Marwah.**

2. **For men only:** When you reach the green lights (marked clearly in the corridor), the sunnah is to run quickly until you pass the second set of green lights.

3. There is no specific Du'aa to be said while going through the green lights except what was confirmed by a group of companions saying: **Rabi ighfir wa-rham inaka anta Al-A'zu Al-Akram** **رب إغفر وارحم إنك أنت الأعز الأكرم** which means: "My Lord, forgive and have mercy, You are the Most Mighty, Most Noble."



IHRAM

INTENTION & TALBIYAH

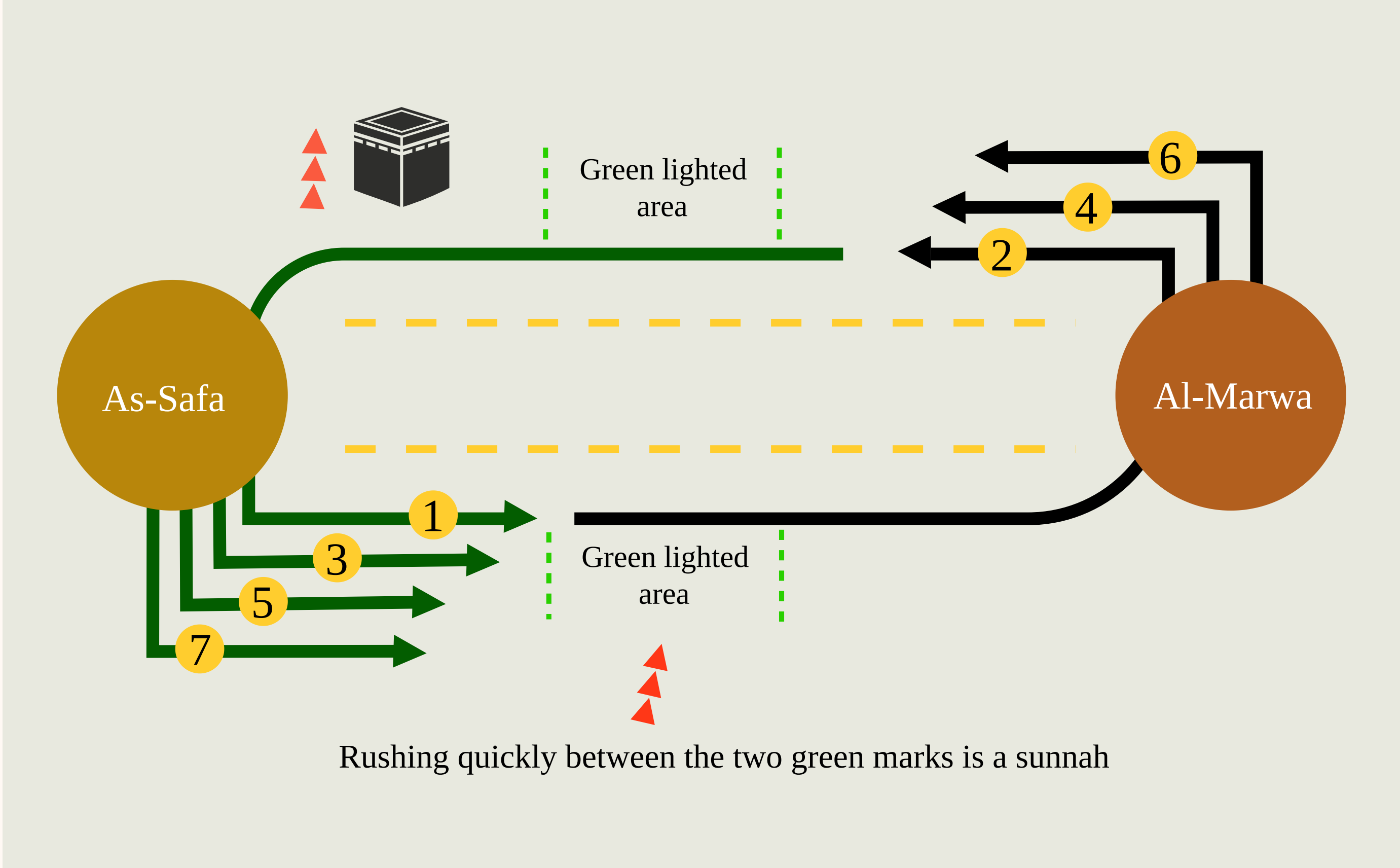
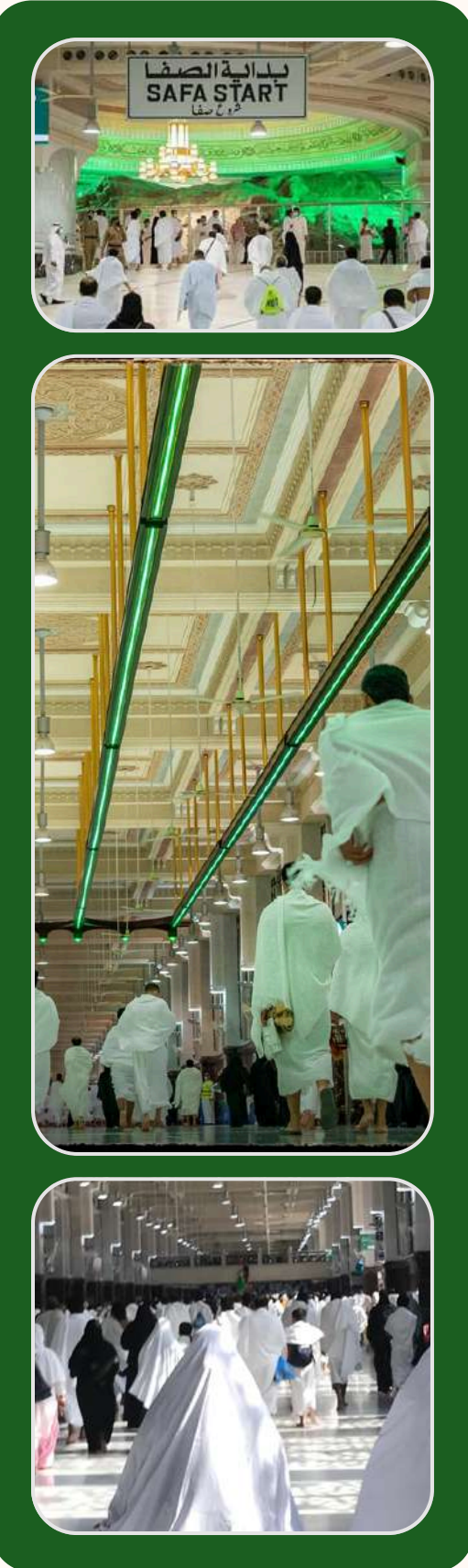
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



IHRAM

INTENTION & TALBIYAH

ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Arrive at the Marwah Hill. This completes one (1) circuit; six (6) more to go total of seven (7).

At Marwah Hill, repeat what we did at Safa Hill:

1. Climb or walk up the hill of Marwah (and stand in the designated area)
2. Face the Ka'bah (there are signs showing the direction)
3. Say the same adhkār/du'aa three times, and make a personal du'a after each time.
4. This starts your second circuit.

We should get busy with all forms of du'aa and dhikr while making sa'ee back and forth.

And you will repeat this process until you complete seven circuits, finishing at **Marwah Mountain**.

- If with the group, we will exit the mosque at this time to return to our hotel for the next step.

Please go to the next slide to visualize the seven circuits.

IHRAM

INTENTION & TALBIYAH

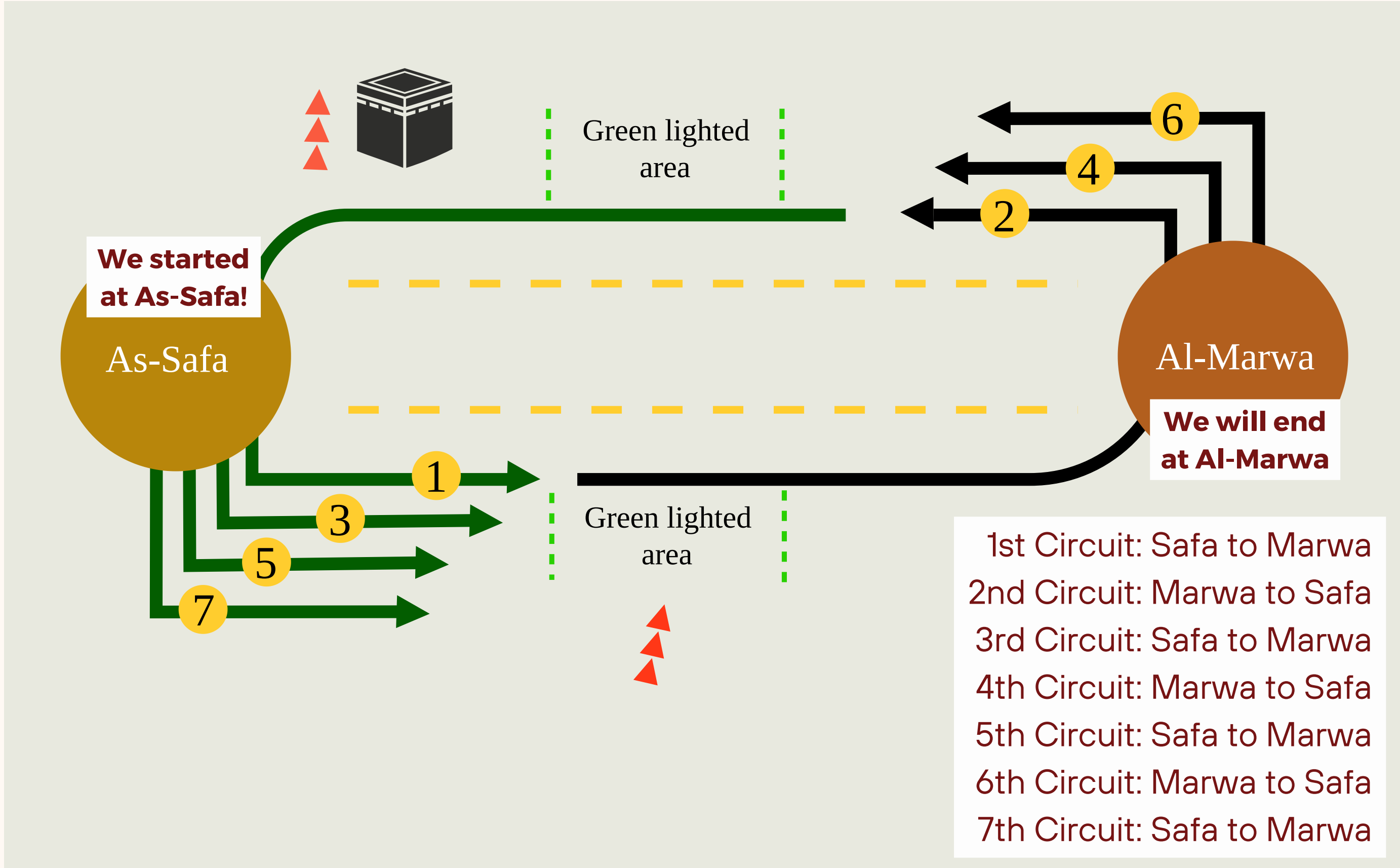
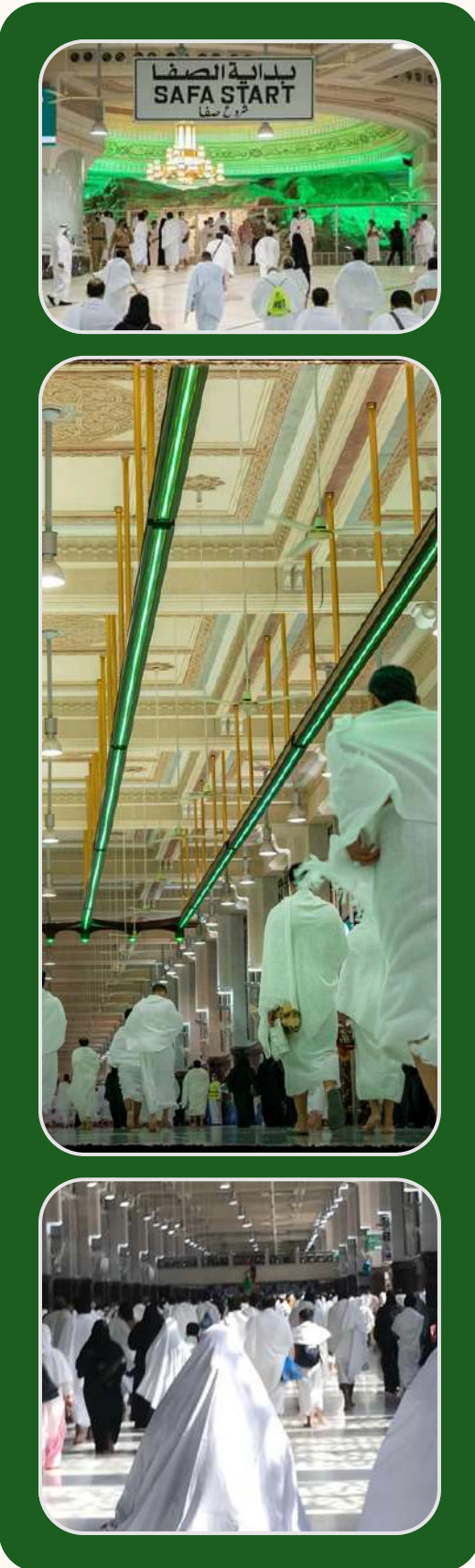
ARRIVING AT MAKKAH



TAWAF

SA'EE

SHAVE / HAIRCUT



Pillars

The absolute must acts.

If we miss any of it, there is no Umrah.

Ihrām

Tawāf

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The obligatory acts.

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Ihrām
from Miqāt

Shaving or
Trimming
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The recommended acts.

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Ghusl before
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Kissing the
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Two Rak'ah
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'White' Ihrām

Raml

Drinking
Zamzam

Reciting Intention
and Talbiyah

Idtibaa'

Supplication
during Rituals



Shave and Haircut

STEP 6



Final Rite - Shave or Haircut:

Men have two options:

1. Shaving the head completely (Halq):

- This is preferable and carries more reward.
- The Prophet ﷺ said: "May Allah have mercy on those who shave their heads." And he ﷺ repeated this three times. And then when asked about those who trim, he said: "And those who trim."

2. Trimming the hair (Taqsir):

- Cut from all areas of the head (not just sides)
- Approximately the length of a fingertip

Where to do it: There are many barber shops in and around our hotel. As a group, the brothers will go together to get a haircut.



Women should cut a small portion of their hair:

- Gather hair together and cut approximately a fingertip length (about 1 cm or half an inch) from the ends.
- You can tie your hair into a braid and then cut straight across the ends.
- This can be done yourself or with help from your roommate.
- You can do this in your hotel room.



Exiting the State of Ihram - State of 'Hil:

After cutting your hair, your Umrah is complete! You are now released from all the restrictions of Ihram.

Umrah Mubarakah!

You have successfully completed all the Umrah Rites!
May Allah accept from us all!

Pillars

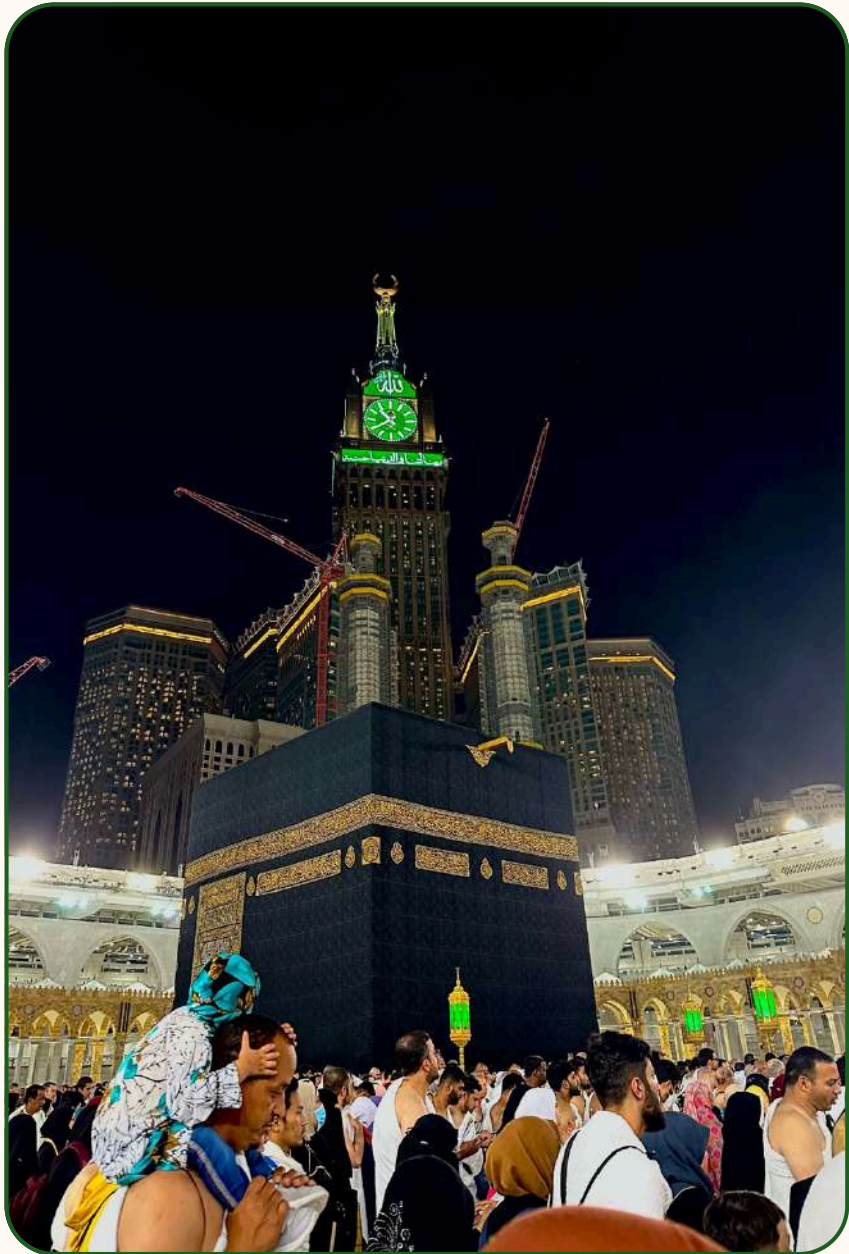
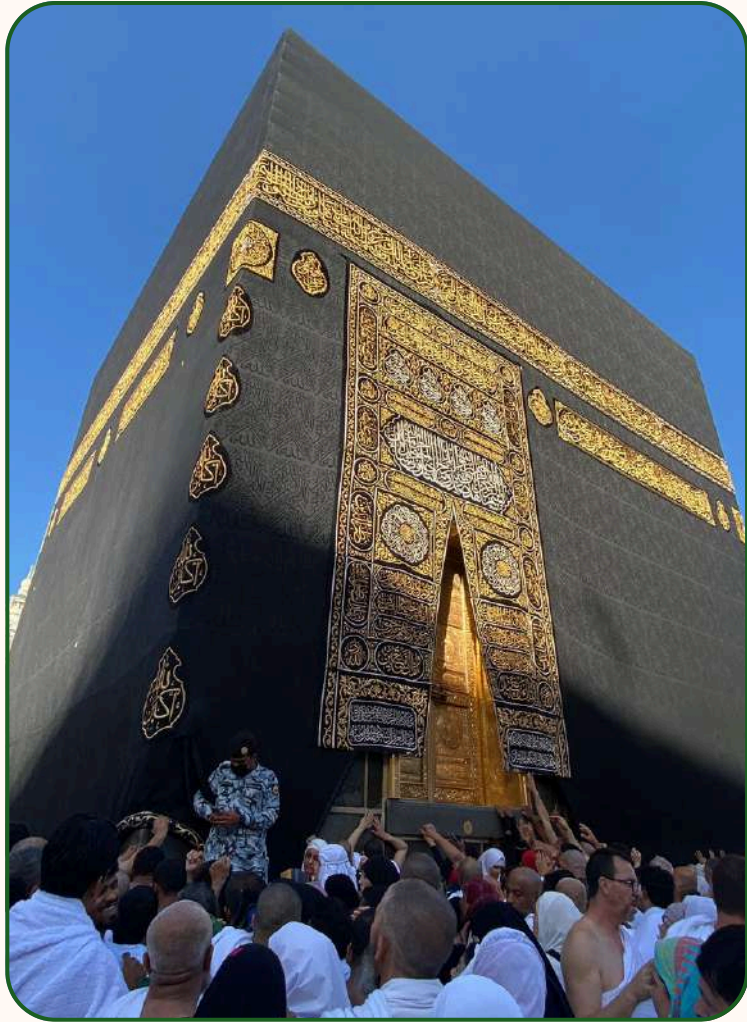
- Ihrām
- Tawāf
- Sa'ee

Wājibāt

- Ihrām from Miqāt
- Shaving or Trimming Hair
- Following Ihrām Restrictions

Sunan

- Ghusl before Ihrām
- 'White' Ihrām
- Reciting Intention and Talbiyah
- Kissing the Black Stone
- Raml
- Idtibaa'
- Two Rak'ah behind Maqam
- Drinking Zamzam
- Supplication during Rituals



HAJJ 2026 · WORKSHOP ONE

The Rites of Umrah

JOURNEY OF A LIFETIME

With **USTADH HASSAN MASOOD**

